

The Highlands Communicator

FREE

Mar 7 - 20, 2007

Vol. 6 Issue 9

Haliburton County's Good News Fun Free Newspaper

**New Look!!
Same Great
Paper!!**

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Daylight Savings Time Again... Clocks Move Ahead!!



**As of Sunday, March 11
2:00 a.m.**

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New Look - Same Great Paper

It's amazing what a vacation can do to a person. While away soaking up a bit of sun in a much needed vacation - we brainstormed (just can't leave work alone - even on vacation) and well, you are now seeing the result. We've decided to give the Communicator a NEW LOOK - and after testing out the cover idea on some of our advertisers - everyone decided the new look would be well recieved - so we are hoping everyone likes it.

The question has always been raised - are you a newspaper or a magazine? Well - to be honest - we are a bit of both. We decided on the magazine format for ease of handling - easier to read - stays around longer. But we always stuck to a newspaper format - one reason is my background as a reporter for mega years and two - it was meant to promote and cover the people, events, organizations and all round happenings of the county. Magazines generally do just feature stories that are not necessarily as "timely" like newspaper coverage of upcoming events, etc... Thus, we are like a newspaper in that fashion. As we already had a couple 'hard news' papers in the county, we decided to do something "different" - something new & exciting - so we went with a "good news" lighter format - something that wasn't already being done in the area - to fill a void. No use duplicating what's already being done right? Plus - we began our publication right after 911 - a time when we just couldn't handle any more "bad" or "depressing" news - watching it made us realize there might be a place for "good news" - so why not start a "good news" paper - that looks like a magazine - be brave - be different - that's what we say.

But all said, it's nice to change things up a bit - so once in awhile we like to introduce new column ideas - new flare and of course - new looks. Watch for more great things coming as well....!!

There will always be some things that we can't change - like some of the fun stuff that readers have come to love and look forward to - but remember - we always welcome new ideas, and we always welcome your event listings, letters, and story ideas.

We thank everyone over the years for their support and kind words and most of all, we thank all our advertisers - it's really because of them that we can bring you this locally produced "good news" easy read publication. If you don't mind - please support these guys back and let them know you appreciate their contribution. We're doing it all together - after all Haliburton County - it's YOUR Good News Newspaper / Magazine!!

The flashlight - a place to store dead batteries

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Stories Wanted

If you are a senior over the age of 70 living in Haliburton County, Community Care Haliburton County wants to hear your stories.

"Seniors in Haliburton - Telling Our Stories" is an intergenerational project involving grade 12 students and seniors across the county. The project is funded by a New Horizon's grant and is being coordinated by Community Care Haliburton County with the help of a volunteer Advisory Committee. Approximately 28 students and 28 seniors will be paired up for this exciting project. Following an orientation session, the student/senior partners will have the opportunity to get acquainted with one another. Students will then interview, record, and write the seniors' personal stories. The seniors will proof-read and edit the story before it is published in an anthology for distribution across the county. An audio CD will capture stories, interviews, dialogue, songs and poems that result from the intergenerational partnerships. The project will conclude with a celebratory event for all participants and members of the community.

Donna MacDonald, Executive Director of Community Care Haliburton County, believes there are many benefits to the community as a result of this project. "Intergenerational programs help forge links between our elders and our youth. These links strengthen the social fabric of our community by breaking down stereotypes and prejudices, and imparting a sense of value and worth to everyone involved".

Darrell Dobson, HHSS teacher of the creative writing program, agrees, "It's a wonderful opportunity for students and seniors to learn from one another. This project offers a unique and meaningful way to fulfill many of the curriculum requirements of this course while opening up doors to friendships with the seniors in our county."

Barbara Menzies, Resident Program Manager of Extendicare in Haliburton, is very supportive of this project. She explains, "By participating in intergenerational programs, seniors have the

Senior's In Haliburton Telling Our Stories...

opportunity to remain actively involved in their community. Their value as a resource is enforced leading to benefits to the seniors such as improved life satisfaction and feelings of continued usefulness in the community." Barbara has identified a number of residents of Extendicare who are enthusiastic about sharing their personal stories with Haliburton County's young people. Janine Taylor, Program Manager of Highland Wood and Hyland Crest agrees whole-heartedly with the potential benefits to their residents and is looking forward to facilitating their participation in the project.

Shelley King, the coordinator for this project, is collecting the names and contact information for seniors in the county who would like to share their stories. "We are fortunate to have so many seniors in our community," states Shelley. "Collecting and recording their stories is an ideal way for us all to learn from their experience and wisdom." In selecting participants, Community Care would like representation from across the county, with as much diversity in stories as possible. Based on the initial response, it doesn't look as though this will be a problem. If you are a senior over the age of 70 and would like to share your story, please contact Shelley King at (705)448-8889.

Students will interview, record and write the seniors' personal stories ... stories will be published in an anthology for distribution across the county



Statistics

Did you know...

A cubic mile of ordinary fog contains less than a gallon of water



A Little Bit of Everything

Now let's get ready to March into spring! Daylight Savings Time begins on Sunday, March 11th, so don't forget to change the battery in your smoke detector.

St Patrick's Day is on Saturday, March 17th. The friendly leprechauns have helped us get everything you might need to celebrate the "Green Day".

Our spring planting and gardening supplies have arrived. We have peat pots, painted flower pots, garden ornaments and tools, stepping stones, and much more.

The Easter Bunny will be coming on Sunday, April 8th. We have decorations, ornaments, plastic eggs, baskets, and much more. We recommend that you shop early for best selection of seasonal items.

Beside IGA & Home Hardware in Minden

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Debbie, Ira & Joanne

Country Pickin's

Spotlight

by Stephen Patrick

On Business

Country Pickin's – Getting Bigger and Better for a Quarter Century!

Competition, they say, is what keeps a good business alive and kicking, and ready for whatever the future might bring. If that's the case, then Country Pickin's Fashions & Accessories, a fixture on Haliburton's main street for almost 25 years, should be able to give lessons in survival. It's hard to count how many clothing stores and boutiques have come and gone over the last quarter century, but Laurie and Rennie Bonfield's popular store has just kept getting bigger and better.

"It's hard to remember just how small the store was when we started," says Laurie. "We had just half of the ground floor of the old house my brothers and I grew up in – it couldn't have been more a few hundred square feet. But right from the beginning I knew what I wanted to sell, and what my customers might want to buy."

That "old house" is The "Brohm Building", which built in 1903 by Bill Lucas, and bought in the 1950s by Laurie's parents, Betty and Harry Brohm. It's one of the very last houses on Haliburton's main street from that bustling era – and it's got probably the best location in town, situated overlooking the Cenotaph and Head Lake. "Over the years we moved at least three times," remembers Laurie. "At one time we were where Kitchen's Etc. is, at another where Vasey's Insurance is. But at least our loyal customers didn't have far to go."

In the year 2000 Laurie and her brothers Paul, Eric, and Mark and nephews Kaspar and Mark Jr. proudly undertook a complete renovation of the building, doubling the ground floor



space and adding an addition underneath the old structure, also overlooking Head Lake. Laurie's Dad Harry died in July of 2004 and two years later Laurie and Rennie bought the building from her family, so it looks as if Country Pickin's sure has a permanent home.

Country Pickin's has survived and prospered because, simply, Laurie and her loyal staff had a great eye for quality, fashion, and price. New customers often can't believe the range and combination of clothing lines that match or exceed many of the mall offerings in neighbouring, larger centres. Laurie's always known she had to be competitive with the big mall stores – and she's proved over and over that her own taste and business sense can deliver the goods. "We've always just had a really good idea of what we can sell in this store," says Sharon Sisson, who's worked closely with Laurie and Rene for

many years. "You have to know your customers, but you also have to know how to anticipate next year's fashions, trends, and fads. It's really not as easy as it might sound."

Country Pickin's also carries mens fashions featuring such well-known names as Point Zero and Woolrich. They also have a great selection of jewellery and accessories, shoes, and even some seasonally-appropriate and very carefully selected giftware.

Laurie and Rennie are also firm believers in the importance of community and of giving back what they can. "For years we've

Country Pickin's cont'd... pg. 5...

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Forever In our Hearts...
Roberta Welsh - Feb 12/06
Chuck Irvine - Feb 3/02

Regular Columnists: Donald Lange; Brenda Peddigrew; Marci Mandel; Greg Roe

Special thanks to Eddie Lehman, Karen Barter, April Lauricella; Cindy Munzel, Fred & Shirli, Jon Dannewald! Lisa Robertson, and all the other people who send in funny stuff - keep us laughing!!

RR#2 - Comp 75, Haliburton, On. K0M 1S0 email: highlands@thecommunicator.ca

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Meet The Gang ...

Publisher, Sales Manager: Brett Irvine
Publisher, Editor, Graphic Design: Joanne Irvine
Sales Representative: Shawn Welsh
Reporter / Photographers:
Stephen Patrick, George Farrell,
Lea Harper & Sherrill Sherwood

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& All Our Readers!**

**"We know our customers, and
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anywhere!"**

teamed up with French Dressing jeans to contribute 50 cents to Breast Cancer Research for each pair sold – so customers are helping the cause even if they don't know it!" says Laurie. "And we also contribute a portion of our sales during October, when the big Breast Cancer fundraisers are on."

Laurie's right now choosing a lot of next winter's fashions, which must be a nerve-wracking process, given the flightiness of the fashion world. "It's really a lot of fun," says Laurie. "And we always seem to know what's right for our store."

"We also know that our customers are real women, which is to say that everything that fits a teenage model on the runway won't necessarily be our top-selling item here. And I think that's always been appreciated as well."

Country Pickin's has also featured a welcome continuity in their staff, which along with Sharon includes Luanne Coghlan and part-timer Lisa Good.

This spring Laurie has exciting plans to open a second store beneath Country Pickin's in the bright, open space they renovated back in 2000. "It's going to be a really fun store



Country Pickin's Cont'd... from pg. 4



aimed squarely at our summer trade – it will feel as if you've just come from the lake with tons of fun stuff, beach apparel and so on. We've just started to renovate the space and decide on our inventory, but we all can't wait to get it going. We hope to be open in a month or two, when the

summer's just around the corner. And we know our customers are going to love it"

Country Pickin's is a welcome success story on Haliburton's main street, and it's great to see the old building, one of the few originals left, renovated and maintained with such imagination and care.

Country Pickin's is open Monday to Saturday from 10 am until 5 pm, and in the summer seven days a week and can be reached at 705 457-2726. And don't forget to check out their new store as soon as the summer time comes!

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The Shamrock: A Symbol of Ireland



In written English, the first reference to the Shamrock dates from 1571, and in written Irish, as seamrog, from 1707. As a badge to be worn on the lapel on the Saint's feast day, it is referred to for the first time as late as 1681. The

Shamrock was used as an emblem by the Irish Volunteers in the era of Grattan's Parliament in the 1770's, before '98 and The Act of Union. So rebellious did the wearing of the Shamrock eventually appear, that in Queen Victoria's time Irish regiments were forbidden to display it. At that time it became the custom

for civilians to wear a little paper cross colored red and green.

As a symbol of Ireland it has long been integrated into the symbol of the United Kingdom, along with the Rose, the Thistle and the Leek of England, Scotland and Wales. So today, on St. Patrick's Day, a member of the British Royal Family presents Shamrock to the Irish Guards regiment of the British Army.



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Are March hares really mad?

The March hare in Alice in Wonderland might have been mad during the month of March, but most hares act crazy from March right through till May. That's the mating season. During that time the hares might fight. And that's not all. Their hopping, running and chasing antics are enough to make the March hare look sane!

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Ask for Brett

Public Gallery Seeking Student Volunteers

The Rails End Gallery and Arts Centre is seeking student volunteers for project based work and regularly scheduled after school duties. Learn more about your Public Art Gallery this winter. Contact Laurie Jones or Daniela Pagliaro 47-2330.

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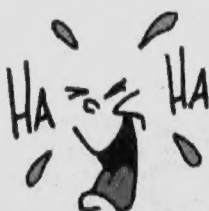
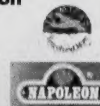
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Two Businesses One New Owner...

Bryce's Windshield Service and FIXIT Auto Glass and Upholstery Repair

Bryce's Windshield Service and FIXIT Auto Glass and Upholstery Repair are now owned and operated by the same person, Matt Punter. Matt explains how he ended up with two companies.

"Bryce's Windshield Service was started in 1977 by Bruce Newbatt in Haliburton. Bryce ran it until 1991, when he sold the business to his brother Elwood. Bryce then opened Apple Auto Glass in Peterborough, also in 1991. I started working for Bryce at Apple Auto Glass in 1998, and worked with him there until about a year ago when he sold the business. I

then decided to start my own business, and called it FIXIT Auto Glass, and I started building up my clientele in Peterborough. Then I had the opportunity of buying Bryce's Windshield service from Elwood Newbatt, who wanted to retire, so I bought it from him. The reason I'm keeping both names for the time being is that people in Haliburton know Bryce's, and the FIXIT company is known basically in the Peterborough area. On my van I have Bryce's Windshield Service, a division of FIXIT Auto Glass."

Matt is from Lakefield, and has spent most of his life in and around the Peterborough area. His wife Michelle is from nearby Bridgenorth. They have a three year old daughter Angelina, with another wee one on the way.

In addition to auto glass Matt also repairs auto and marine upholstery, and what's great about all this is that he comes to you. He provides a mobile service to your home or where you work, for your convenience and to minimize your downtime. Matt uses state-of-the-art products, and glass replacement and stone chip repairs come with a lifetime warranty. Full Warranties also come with repairs to upholstery.

Every windshield is warranted against leaks and factory defects in the glass for as long as you own your car. Stone chips up to the size of a quarter are often repairable, and most glass chips can be repaired before they spread. Matt also installs compass mirrors, seat heaters and backup sensors.

"I get my messages through my cell phone," Matt explains, "and I will drive anywhere in the Haliburton, Minden, Bancroft area. I can take a call one day and arrange to be at your place for an appointment the next day. For windshields it usually takes about an hour to do a job and the vehicle should sit for an hour after the job's finished, in order for the adhesive to set up properly."

Matt can give you a free estimate for your windshield over the phone, and he says "we work with insurance companies, and we'll help out on the deductibles."

For upholstery repairs, Matt usually has to take the seat with



him, especially if he has to replace a panel of material. But hey, you don't have to do a thing, because he'll bring back the seat, beautifully repaired, and install it back in your vehicle again.

So, whether you require the services of FIXIT Auto Glass and Upholstery Repair, or Bryce's Windshield Service, call Matt Punter at (705) 930-3240, or (705) 652-9955. You can also fax Matt at (705) 652-7120, or email: mattpunter.fixit@yahoo.ca

Matt Punter and his van

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Restone River Luge Club Race Day - Fun For Competitors and Spectators

Sunday March 11th - 10:00 a.m.

By Matt McAlister

The Redstone River Luge Club is excited to announce our 3rd Annual Championship Race. Anyone who is interested in checking out what this exciting and new sport is all about should come out on Sunday March 11th and watch some of the fastest sliders in Ontario try to tackle our track.

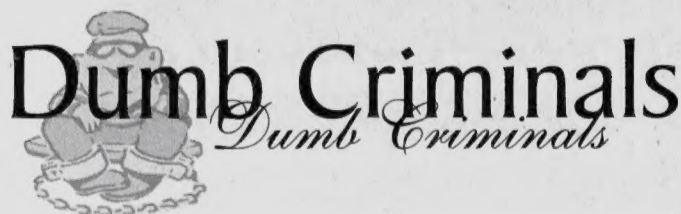
If you have been out to our hill this year you know how much fun it is! Why not come out and see how fast the racers go!

We have been out almost everyday the past few weeks icing the track and it is now super fast and smooth as glass.

There will be a barbeque with hamburgers and hot dogs. We have various spectator viewing positions along the track that are easily accessible by our foot paths.

We are also looking for Volunteers to help us for the day. We need people for track marshalling, time keeping, and many other positions so if you are interested in find out more about this exciting sport well there is no better way then coming out on race day and experiencing a real luge race.

Our Track is located 15kms north of West Guilford Just off country Rd #7, north of Westshore Road Look for the big orange and blue sign on the right side.



Getting Behind the Scenes:

A man accused of trying to kill a friend for giving him a "wedgie" during a concert will stand trial for attempted first-degree murder.

It seems that Eric Kassoway was reveling at a concert when he decided to sneak up behind his friend, Daniel Strouss, and yank up his underwear. Apparently it must have hurt, because Strouss held a grudge for months.

So much of a grudge that he eventually drove to Kassoway's home and shot him in the arm and leg. Kassoway nearly died from loss of blood.

Strouss' attorney does not dispute the prosecution's version of events and said that Strouss is undergoing therapy.

Home Cooking:

According to Court TV, it looks like a waiter at a local Sizzler restaurant has been fired after making an unwanted home delivery.

It all started when Darlene Keller was dining at the restaurant with her family and parents when she asked for vegetables to accompany her steak dinner.

According to the police report, the employee yelled, "We don't have any vegetables. I can bring you a baked potato or French fries."

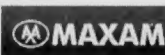
Darlene's husband, Wayne, insisted that the waiter bring her some vegetables. The waiter returned with a small salad.

The Kellers summoned the manager, who apologized for the waiter's behavior and cooked Darlene Keller a plate of broccoli and cauliflower. However, the vegetables weren't the only thing getting steamed at the restaurant. The employee was already plotting his revenge.

After work, the employee along with his oldest brother and girlfriend went to the Keller's home and threw eggs against the house, plastered trees with toilet paper and sprinkled flour and maple syrup on the lawn. They then rang the doorbell several times and about 1 a.m. and waited to see the Kellers' reaction.

Within minutes, the police arrested the employee and the others, charging them with misdemeanor vandalism. Sizzler said it has fired the employee.









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Listen, Look and Learn: U-Links Celebration of Research Event

Mark the date in your calendar! The U-Links Centre for Community-Based Research will be hosting its annual Celebration of Research on Saturday, March 24th with keynote speaker Mike Lord. Mike is a Senior Consultant with Jacques Whitford Consulting, the firm responsible for creating the new waste management plan for Haliburton County. The presentation will outline the draft findings of the study and provide suggestions for residents to reduce the amount of waste produced and get involved in the process as important decisions are being made with respect to managing waste in the County for the next 25 years. Hear it here first!

New this year! Following the keynote, community forums will be held on the following topics:

1:40 - Green House Gas

2:40 - Housing in Haliburton County

3:40 - Active Transportation Planning

The forums aim to generate discussion about these topics and invite input from the community for the purposes of research and planning. Come on out and have your say!

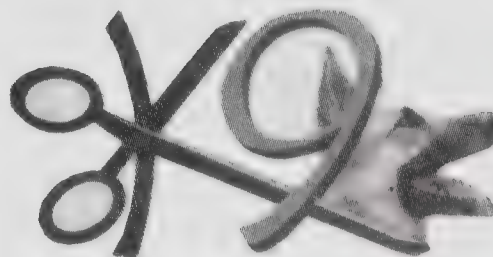
Of course our annual "trade show" of poster presentations will display the work of students involved in this year's community-based projects as well as other interesting initiatives. Some of the topics that Trent University students will be presenting on include lake planning, program evaluation, natural heritage planning, attitudes about green house gas emissions, communicating science to children, the life of R.D. Lawrence and more. The event provides an opportunity to give this information back to the residents of Haliburton County, so that new knowledge can help to inform decisions for positive change.

The event will take place on Saturday, March 24th from 1:00-4:00pm at Fleming College in Haliburton.

U-Links invites you to browse the presentations, talk with presenters, take part in community forums and learn about some interesting community development initiatives in your own backyard. Refreshments will be served and everyone is welcome.

If you would like to know more about the event contact Kate Hall at 286-2411 or by email at kate.ulinks@on.aibn.com. For general information about U-Links and updates to the event program, please visit our website at www.ulinks.ca.

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Lunch & Learn For Diabetes Management

Diabetes Management from a Family Physician's Perspective will be the topic of an upcoming Lunch & Learn featuring special guest speaker Dr. Bob Heyes

The Lunch & Learn is free and is open for all to attend at the Minden Hospital Fireside Lounge on March 21 from 12:30 p.m. to 2:00 p.m. Lunch will be provided

Call the Diabetes Education Network to register. Bring your glucometer as well and be ready to learn!!

Ukrainian Easter Egg Workshop

Join the folks from the Stanhope Recreation Committee for a Ukrainian Easter Egg Workshop at Club 35 on Saturday, March 24 from 10 a.m. to 1 p.m. with Ginger Kulas.

There will be a beginner egg design for those new to the craft and an advanced design for those who have participated before.

The workshop is for those ages 10 and up. Space is limited so please call to reserve your spot. The cost is \$5 per person which helps to pay for supplies. Any funds left over, if any, will go towards recreation programs in Stanhope.

For more information or to register, please contact the Recreation Department at 705-766-9968 or email to drc@vianet.on.ca

Stanhope Soccer League Registration Coming Up

Stanhope Soccer League Registration is Tuesday March 13 from 7 to 9 p.m. and Saturday March 31 from 1 - 3 p.m.

Stanhope Soccer League is for Boys and Girls ages 5 - 14 as of June 19, 2007. The cost to participate is \$25. To register, show up at the Stanhope Firefighters hall on Northshore Road in Carnarvon on the registration dates. Don't forget to bring your children's health cards.

Also, there is volunteer coach, assistant and student coach positions available. Please contact the Recreation Department at 705-766-9968 for information.

Don't Miss Irish Pot Luck Dinner

Come and join the fun at the Lochlin Community Centre on March 18th for an Irish Pot Luck Dinner. The evening offers a delicious variety of Irish Stews and rolls. Everyone is asked to please bring your favourite potluck salad or dessert.

Everyone is welcome to attend - just stop in anytime from 5:30 to 7:00 p.m. Admission is by donation.

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Strange & Almost Unbelievable (but true) Facts

Wonder why that finger was in the door?

Matthew Perry is missing part of his middle finger on his right hand due to a door-shutting accident.

Funny where they get their starts.

Early in her career, Whitney Houston sang the jingle used in commercials for Bounce fabric sheets.

No Love in Stereo.

A childhood virus left Rob Lowe completely deaf in his right ear. "No stereo for me" he says "It's a mono world".

Think about this one!

Comic actor Jack Black is the son of rocket scientists. His mother worked on the Hubble telescope, and his father worked on “some stuff that i can’t tell you about,” Jack says.

Poor guy.

Jennifer Love Hewitt sent Matt Damon an inflatable bed because she read he didn't feel like he has a bed of his own. She never heard back and now, he "looks at me a little weird".

There's Money in these families.

Madonna is related to both Gwen Stefani and Celine Dion. Gwen's great aunt's mother-in-law shares the same last name as Madonna Ciccone and an ancestor of Madonna's mother was married to a distant relative of Celine's dad.

I wonder if these twins get identical paychecks?

Both Olsen twins had to wear fake teeth during the later years of *Full House* because their smiles began to look different.

Ya never know who you're talking to.

Halle Berry used to date New Kid on the Block Danny Wood. They broke up because the band thought she was a groupie.



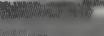
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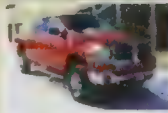
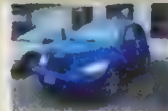
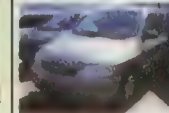
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2337 - \$31,900	2326 - \$25,900	07-85A - \$18,900
 2006 Dodge Dakota SLT Magnum SXT 4x4 auto, chrome wheels, 11 speakers, 31,900 kms	 2006 Dodge Magnum SXT AWD 3.5 l Autostick A/C CD PW PL Leather Inferno Red 34 319kms	 2007 Dodge Grand Caravan A/C CD PW PL, Navigation, Wheel Locks, Tinted Glass, Warranty, 67,000 kms
2331 - \$14,900	2332 - \$34,900	06-18A - \$13,900
 2006 Chrysler PT Coupe 4 Cyl 4 Door Auto, Leather, 6 Disc, Spoker, Alloy Wheels, Electric Mirrors, 17,217 kms	 2006 Jeep Commander, 4.7 l, auto, Tow, less than 100 kms , Black	 2007 Dodge Grand Caravan Sport A/C auto, V6, CD, PW, PL, Keyless Entry, 99,656 kms
07-33A - \$8,900	2316 - \$31,900	07-10A - \$6,900
 2007 Ford Focus Hatchback A/C, auto, Power Pedals, Spoiler, Alloy Wheels, 10,000 kms	 2006 Dodge Magnum RT AWD 3.5 l, auto, sunroof, Autostick, leather, Sunroof, Black 19,500 kms	 2007 Ford Windstar SE 3.0 l V6 auto, PW, PL, A/C, 18,000 kms
06-46A - \$41,900	06-12A - \$8,900	2325 - \$23,900
 2005 Ford Excursion Limited Powerstroke Diesel, Auto, Leather, Loaded Mineral Grey, 87,000kms	 2002 Chrysler Intrepid SE, 2.7 l V6, auto, CD, A/C, PW, PL, Onix Green, 106,164 kms	 2006 Jeep Liberty Limited auto, A/C, CD, PW, PL, 21,000 kms Khaki

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Where are the NOW Hollywood Stars Gone Missing

Angie Dickinson

Name: Angie Dickinson

Born: September 30, 1931, Kulm, North Dakota

Birth Name: Angeline Brown

Claim to Fame: While Angie has been in many different roles in film and TV, the role that she is most identified with has to be that of Pepper Anderson from the television series, 'Police Woman.'

Family Life: Burt Bacharach (1965 - 1980) (divorced) 1 child daughter named, Lea Nikki, Born in 1966

Gene Dickinson (1952 - 1960) (divorced)

Info: Her father was the publisher of the local newspaper in North Dakota. Because of this Angie wanted to become a writer, but gave this up after winning her first beauty contest. She ended up entering various beauty contests one of which was sponsored by NBC. This lead to appearances in several TV variety shows. She got her first bit part in a Warner Brothers movie in 1954 and gained television fame in the TV series "The Millionaire" (1955) and got her first good film role opposite John Wayne and Dean Martin in Rio Bravo (1959).

Trivia: Turned down the role of Krystle Carrington on "Dynasty" When she was a senior at Bellamarine Jefferson High School in



Burbank, she won the Sixth Annual Bill of Rights Contest.

Had a 10 year, on-off again relationship with Frank Sinatra. She is also rumored to have been one of JFK's mistresses. When asked about the affair, she said, "It was the best 20 seconds of my life."

Had a bunch of famous boyfriends, most notably: Johnny Carson (The Tonight Show); Larry King (talk show host); Julio Iglesias (singer); Harry Reasoner (TV journalist)

Ranked #42 on "Playboy" Magazines "100 Sexiest Stars of the Century," January 1999.

Said she initially declined to play the ill-fated, sexually frustrated

"Kate Miller" in Dressed to Kill (1980) because she felt her role on the "Police Woman" (1974) TV series had made her into something of a role model, but director Brian De Palma eventually persuaded her to accept the role.

When asked to choose a new actress name, first suggested "Angie Rome" which was eventually changed into "Dickinson". Became a blonde in 1960, for 'The Bramble Bush' with Barbara Rush, because Rush and Dickinson were both brunettes, but at the time Rush was a bigger star. Annoyed at first, Angie soon decided she liked being blonde.

Her legs were once insured for \$1-million dollars through Lloyds of London.

In 1993, she became the first and only 'This Is Your Life' honoree to refuse to do the retrospective show. Friends, acquaintances, and co-workers from her career were waiting to regale viewers with their memories of Dickinson, but as part of the program's format, honorees were never told in advance. She had been lured to a studio on the pretext that she was appearing in a tribute to Brian De Palma, who had directed her in Dressed to Kill. When Ralph Edwards, the show's host, walked on stage and said, "Angie Dickinson, this is your life!" she responded, "F**k no, I won't do it."

After this incident she was never invited back on NBC's 'Tonight Show', where she says she'd been a Johnny Carson guest "40 times."

Where is She Now: Angie is still acting. In fact over the last few years she's been in a few movies and TV shows.

Just this past year you may have even caught her on BRAVO in a Celebrity Poker tournament. She didn't do to well, but it was interesting to see the younger actors fawn over her.

Recent for Angie were two projects:

3055 Jean Leon (2006) (documentary) & 'Chronicles of Narnia 2' (2007) (action) Also in 2006 Angie launched a one-woman crusade to find a cure for memory-robbing Alzheimer's disease as a tribute to her late sister. Angie's sister battled the insidious illness for 20 years before she passed away in December 2005. And now Angie has embarked on a major Alzheimer's awareness campaign to make sure her sibling didn't suffer in vain. She says, "I know she (sister) didn't die in vain and that's a blessing. It's because of her that I became involved. "Mary Lou's legacy is that she increased our awareness and so many more people now know what a tragic disease this is." More than 100,000 Americans succumb to Alzheimer's every year.

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St. Patrick - The Man & His Legend

St Patrick is known as the patron saint of Ireland. True, he was not a born Irish. But he has become an integral part of the Irish heritage, mostly through his service across Ireland of the 5th century.

Patrick was born in the later half of the 4th century AD. There are differing views about the exact year and place of his birth. According to one school of opinion, he was born about 390 A.D., while the other school says it is about 373 AD. Again, his birth place is said to be in either Scotland or Roman England. His real name was probably Maewyn Succat. Though Patricius was his Romanized name, he later came to be familiar as Patrick.

Patrick was the son of Calpurnius, a Roman-British army officer. He was growing up as naturally as other kids in Britain. However, one day a band of pirates landed in south Wales and kidnapped this boy along with many others. Then they sold him into slavery in Ireland. He was there for 6 years, mostly imprisoned. This was when changes came to him. He dreamed of having seen God. Legend says, he was then dictated by God to escape with a getaway ship.

Finally, he did escape and went to Britain. And then to France. There he joined a monastery and studied under St. Germain, the bishop of Auxerre. He spent around 12 years in training. And when he became a bishop he dreamed that the Irish were calling him back to Ireland to tell them about God. The Confessio, Patrick's spiritual autobiography, is the most important document regarding this.

So he set out for Ireland with the Pope's blessings. There he converted the Gaelic Irish, who were then mostly Pagans, to Christianity. He was confident in the Lord, he journeyed far and wide, baptizing and confirming with untiring zeal. And, in a diplomatic fashion he brought gifts to a kinglet here and a lawgiver there, but accepted none from any.

Indeed, Patrick was quite successful at winning converts. Through active preaching, he made important converts even among the royal families. And this fact upset the Celtic Druids. Patrick was arrested several times, but escaped each time. For 20 years he had traveled throughout Ireland, establishing

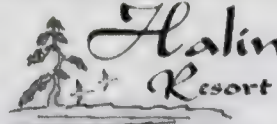
monasteries across the country. He also set up schools and churches which would aid him in his conversion. He developed a native clergy, fostered the growth of monasticism, established dioceses, and held church councils.

By the end of the 7th century Patrick had become a legendary figure, and the legends have continued to grow since then. There are many legends associated with St Patrick. It is said that he used the three-leafed shamrock to explain the

concept of the Trinity; which refers to the combination of Father, Son, and the Holy Spirit. Hence its strong association with his day and name.

Patrick's mission in Ireland lasted for over 20 years. He died on March 17, AD 461. That day has been commemorated as St. Patrick's Day ever since. The day's spirit is to celebrate the universal baptism of Ireland. Though originally a Catholic holy day, St. Patrick's Day has evolved into more of a secular holiday. Or, rather, 'be an Irish Day'. And the Irish has borne it as part of their national tradition in everywhere they populated and prospered.



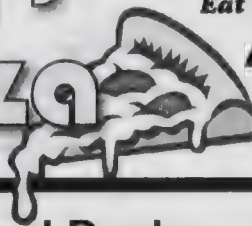


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Students Anti Smoking Commercial To Be Shown in Theatre

Highlands Media Arts (HMA) sure is making a name for itself in the county. For those of you who don't know what HMA does, in a nutshell it is bringing digital media, especially video production to the people.

HMA operates out of the Cultural Centre in Minden, and in addition to producing videos for community based projects they also have equipment you can rent if you want to make your own videos.

Part of the HMA mandate is to work with students, and their latest gig is working with students from HHSS on anti smoking public service commercials (PSA's). "It all started when Sue contacted HMA," says Tammy Rea, Tammy is the chairperson and chief spokesperson for HMA and she is the driving force behind the student video PSA's. "Sue had some funding available and we came up with the idea and we went to Irv Sternberg, vice principal at the high school. He was ready to launch a campaign against smoking with the grade nine students-it's all about awareness now, and he usually shows a movie about the negative aspects of smoking," says Tammy. Sue is Sue Shikaze, Health Promoter, Chronic Disease & Injury Prevention HKPR, District Health Unit. Sue explained that "Health for Life and the HKPR District Health Unit are partners in this project, and that funding has been provided through Smoke Free Ontario and the Ontario Tobacco-Free Network. My role has been to secure funding and

provide supporting resources to student teams - Tammy has done the lion's share of work as far as moving the students ahead with their productions."



Now this is a nice little story and it might have ended there, except for a brainwave. Many of you know that Tammy, and a sub committee of HMA, are responsible for bringing you 'Those Other Movies', a series of movie nights every second Thursday of the month, which are shown at the Molou theatre. These movies, not usually shown in this area, features productions shown at the Toronto International Film Festival. The brainwave was hooking up the students PSA videos, each about 2 minutes long, with a recent Hollywood movie called "Thank You For Smoking," and showing both the movie and the student videos at the Molou. "Thank You For Smoking" is

a movie about how cigarette companies use the media spin to impact students to the idea of smoking," Tammy says. "Sue raised about \$3000, and that goes to T shirts for all the participants, props for their videos, and advertising. Some is being spent on pizza lunches for the students and for a wrap party before the showing. More money has been spent on renting the theatre, and to pay for the cost of renting the feature movie, but all proceeds from the event will be awarded to the top 3 winners of the anti-smoking PSA's," she explains. "The student body will vote after they get a preview of their videos."

Tammy Rea goes on to say that all the students were interested, but they needed different levels of help. "It's nice because we have kids from grades 9 through 12. They are very creative and have great ideas, but we try to encourage their use of at least 3 facts," (about how smoking is bad for you).

Amanda Lytle, who wants to be a teacher, sees how she could use digital video as a teaching tool, and one of our mandates at HMA is to try to encourage our youth to explore the benefits and the wide range of digital video," says Tammy. "It has been a great partnership and the high school has been really supportive."

Amanda admits she basically knew nothing about how to go about making a video. She says "I think the video that Tammy is helping me produce is going to send a message that says 'don't smoke away your children's future-don't let your child's future go up in smoke.' It's taken us about 3 hours in total, so far. Footage consists of still photos of me throughout my life, which get mixed in with video showing birthday cakes with different amount of candles on them-this represents the passage of time. There's a voice-over singing happy birthday, and my voice giving some facts, which hopefully will make parents feel guilty for smoking. The idea was my mine and Tammy helped me put it together," says Amanda. "What I like about this is that we get the opportunity to say what we feel about smoking. Some of us have a lot to say, and because of the videos we're now getting the opportunity to get it out."

Alana Lacy has made some video before with her sisters, but they were just simple videos they made for fun. "But now that I'm working with Tammy it's more high tech, there's more software and techniques that we use. This video has a plan, and a script and it looks more professional," she says. "My theme is the effect that smoking has on your physical appearance, and how it ages you. I'm using morphing software, using

Student Videos cont'd... pg. 17...

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videos
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Molou
along side
the major
motion
picture...

... from pg. 16

my childhood photos, right through to present day, so you can actually see me grow up on screen. There's a split-screen effect that shows on one side me growing up as a non-smoker. On the other side of the screen there's me aging drastically, and showing what I would look like if I had smoked. People tend to look past the internal effects smoking has on you, but when you can see yourself aging-you age 20 years prematurely when you smoke-its very effective."

"Making the anti-smoking video was a fun way to get involved," says Alana, "and to hopefully make an impact with people we know - and to try and change the trend of young smokers. We're putting all our videos on You Tube; it's a great way to spread our message."

So if you want to see an acclaimed Hollywood movie you normally wouldn't get a chance to see locally, and at the same time get to see the students anti-smoking videos,, then you should come out to the Molou theatre in Haliburton on Thursday March 22 at 7:00 pm. Tickets Are \$7 for adults and \$5 for students. Tickets can be purchased at the high school, The Health Unit 191 Highland St, or you can call Tammy Rea at 286-4179.

Pictured on pg. 16 is two Video project participants,
Amanda Lytle and Alana Lacy

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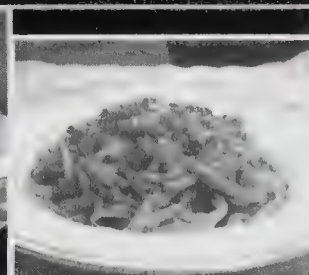
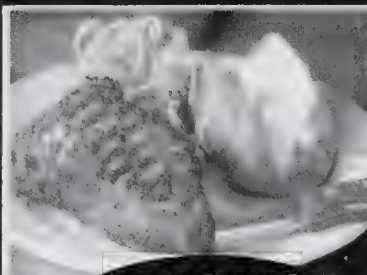
Toss the ingredients with a fork lightly and quickly, rather than stirring them, which creates a tough pastry.

Don't use too much water. For 2 cups of flour use only 1/4 cup of iced water.

Try rolling some grated cheese into pastry dough when making apple pie.

Pie Geometry... When sharing a round pie between 5 people, cut the pie into shape of a Y. Then cut the large pieces in half!

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- *The New York Times, December 10, 1903, exactly one week before the first successful flight at Kitty Hawk.*

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This is so funny that it will boggle your mind. And, you will keep trying it at least 50 more times to see if you can outsmart your foot. But you can't!!!

1. While sitting at your desk, lift your right foot off the floor and make clockwise circles with it.

2. Now, while doing this, draw the number "6" in the air with your right hand.. Your foot will change direction!!!

I told you so.. And there is nothing you can do about it. Make sure you pass this on to your friends.

That's Life...

by the Bashful Comic



I live in a semi-rural area. We recently had a new neighbour call the local township administrative office to request the removal of the Deer Crossing sign on our road. The reason: "Too many deer are being hit by cars out here! I don't think this is a good place for them to be crossing anymore."

From Kingman, KS.

My daughter went to a local Taco Bell and ordered a taco. She asked the person behind the counter for "minimal lettuce." He said he was sorry, but they only had iceberg. He was a Chef?

Yep...From Kansas City!

I was at the airport, checking in at the gate when an airport employee asked, "Has anyone put anything in your baggage without your knowledge? To which I replied, "If it was without my knowledge, how would I know?" He smiled knowingly and nodded, "That's why we ask."

Happened in Birmingham, Ala.

The stoplight on the corner buzzes when it's safe to cross the street. I was crossing with an intellectually challenged co-worker of mine. She asked if I knew what the buzzer was for. I explained that it signals blind people when the light is red. Appalled, she responded, "What on earth are blind people doing driving?!"

She was a probation officer in Wichita, KS

I work with an individual who plugged her power strip back into itself and for the sake of her own life, couldn't understand why her system would not turn on.

A deputy with the Dallas County Sheriff's office no less.

When my husband and I arrived at an automobile dealership to pick up our car, we were told the keys had been locked in it. We went to the service department and found a mechanic working feverishly to unlock the driver's side door. As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked.

"Hey," I announced to the technician, "its open!"

His reply, "I know - I already got that side."

This was at the Ford dealership in Canton, Mississippi!



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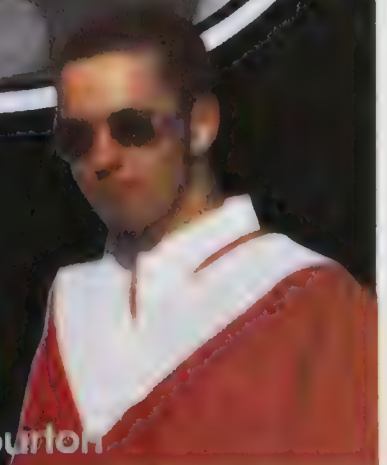
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With a bit of planning and preparation, busy families in Haliburton County can enjoy healthy meals at home that are quick, easy and delicious. Local residents can find how by attending the following event being organized as part of Nutrition Month in March:

WHAT: Cooking & Tasting Demo For Busy Families (Presented by Health for Life, Haliburton, Kawartha, Pine Ridge District Health Unit, and Delta Pinestone Resort)

WHEN: Wednesday, March 28, 2007, from 7 pm to 9 pm

WHERE: Delta Pinestone Resort –

Minden Room, (4252 County Road 21)

WHY: Join Executive Chef Gord Skinner and Registered Dietitians Rosie Kadwell, Beth MacEachern and Sheena McLeod to learn tips on menu planning and preparing quick and healthy meals. Find out about the new Canada's Food Guide and sample delicious and kid-friendly recipes. Great prizes too.

TO JOIN: Cost is \$15 per person. Space is limited, so register today by calling the Health Unit at (705) 457-1391, ext. 245.

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You Don't Need To Be A Chamber Member To Attend Awards Ban- quet and Social on March 31st

If you're looking for a fun evening out and would like to learn more about some of the great businesses in Haliburton County, The Haliburton Highlands Chamber of Commerce would like to invite you to attend the: 2006 Business and Community Achievement Awards Ceremony to be held at the Delta Pinestone Resort on Saturday March 31st. You do not need to be a Chamber Member to attend. The event is open to all. This is an evening to celebrate and honour the exemplary achievements and contributions of people who live and work in Haliburton County. Tickets are \$40 pp (plus tax). There will be a Cocktail Reception at 5:30 pm and dinner and awards ceremony starts at 6:30. This is a great way to meet people and business owners in our area and is always a fun event! Please call today to reserve your table. If you need more info contact Charlene English at the Chamber at 705-286-6016 or email: charlene@hhchamber.on.ca

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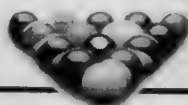
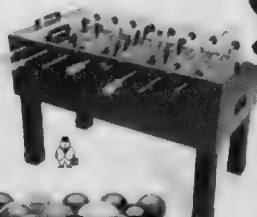
Tongue Twister Say it Five Times Fast...

I need not your needles, they're needless to me;
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But did my neat knickers but need to be kneed,
I then should have need of your needles indeed.

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Service Canada Outreach Offers Increase In Support For Haliburton

Do you need information or assistance with various Government of Canada programs and services, including Employment Insurance, Canada Pension Plan, Old Age Security applications, Social Insurance Numbers and Pleasure Craft Licences? Did you know that Service Canada staff are available right here in Haliburton to help you?

In early October, Service Canada started outreach at Fleming College in Haliburton between 10:00am and 2:30pm once a month, and now they have increased that to twice a month to every second and fourth Wednesday.

"Prior to this outreach service, residents needing assistance with federal programs or services had to travel to a Service Canada office in Lindsay, Peterborough, Huntsville or elsewhere," says Local MP Barry Devolin.

"This is an idea I've been promoting since 2004," said Devolin. "I feel it's important to bring federal government services closer to the people. This is especially true in a large rural area like this with a high population of seniors with little public transit available."

"The goal of Service Canada is to provide better, one-stop service to more Canadians in more communities, delivered with the right service attitude," said Devolin. "The outreach program will bring services from a number of federal departments into a single delivery network that makes it easier for Canadians the help they need in one place."

For those in Kinmount or closer to Fenelon Falls, the start of Service Canada outreach began on Thursday February 1st at the Fenelon Falls Library from 10:00am - 2:00pm. The service will be available on the first and third Thursdays of every month.

Why isn't phonetic spelled
the way it sounds?

H.C.D.C. seminar series

INCOME TAX PREPARATION - Michele DuLong CGA

Wednesday March 7th, 2007 - 1:00pm to 4:00pm

- Haliburton Curling Club (Lower Level)

A 3 hr. overview for sole proprietors/partners covering Statement of Business Activity - Form T2124 & T2032, calculations for automobile & house expenses and capital cost allowance.

SUCCESSION PLANNING - Business Development Bank of Canada

Thursday March 15th, 2007 - 6:30pm to 7:30pm - Delta Pinestone,

Minden Room

The Transitions loan program offered by the Business Development Bank of Canada finances employees or investors assuming ownership of your business.

VISUAL MERCHANDISING - Beyond The Ordinary - Paul Portelli

Tuesday March 20th, 2007 - 9:00am to 2:30pm - Fleming College Room 9

\$20. Fee for Arts Council Members - \$35. Fee for Non-members

Learn how to improve the way you show your work in your studio, show booth or gallery, visually sell your art work and say who you are in the marketplace. Learn the basic concepts of visual display and design theories and how to apply them to your business or arts practice.

LEGAL ISSUES, COPYRIGHT AND CONTRACTS FOR ARTISTS

- Susan Kushneryk - BA, LL.B. of Torsy LLP

Saturday March 31st, 2007 - 11:00am to 4:00pm - Fleming College Room 11

\$20. Fee for Arts Council Members - \$35. Fee for Non-members

Learn about the benefits of using contracts in your professional dealings; artistic copyright and moral rights, protecting your legal rights and tips for negotiating agreements that protect your interests. Presented in partnership with CARFAC.

PST/GST - Reps. from Federal & Provincial Governments

Wednesday April 11th, 2007 - 6:00pm to 9:00pm - Fleming College Room 11

How to complete your forms, understand the differences between PST & GST, Clarify your responsibilities for collecting and remitting tax credits and overpayments, answer your questions.

FOOD SERVICE & HOSPITALITY INDUSTRY

Reps. from Federal & Provincial Governments

Thursday April 19th, 2007 - 6:30pm to 8:00pm - Fleming College Room 8

Topics will include review of RST legislation and policies as they relate to the provision of prepared foods, alcoholic beverages and accommodation, including B&B's.

MARKETING DYNAMICS - Mike Jaycock

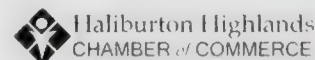
Wednesday April 25th, 2007 - 9:00am to 3:00pm

- Haliburton Curling Club (Lower Level)

Target Audience - Product or service based businesses. Market research, positioning, concept of branding, creating the right marketing mix, the sales environment.



arts council
haliburton highlands



Register now by calling H.C.D.C. at 705 457-3555

Music Becomes Her

By Lea Harper

Musician, teacher and stringed instrument maker, Bethany Houghton shares her great love

Although Bethany Houghton grew up in Mississauga, her heart belongs to the Highlands. Her parents have a seasonal dwelling on Devils Lake south of Minden.

She'd be happy to stay there but "there's no running water in the winter" and no real road access. "Small trails to the cottages, not meant for cars — real rocky Highlands terrain." It's easy to imagine Bethany quite at home in this rustic cottage on Soyer's Lake where she rooms with a friend — a peaceful sanctuary any artist would long for — aged pine walls, massive stone fireplace, full length windows, a walkout to the lake... Nature at your doorstep. Even the cats are content, being as there are at eye level with the squirrels who have taken up a residence below the bird feeder. To the left, winter hay is laid out for the deer.

I follow Bethany upstairs to her rehearsal room. The musician — who began studying music at the age of four — is surrounded by some of her oldest friends: the cello, violin, viola, mandolin and banjo. Both her sisters play violin which may account for Bethany wanting to begin her musical journey on the cello. Her parents enrolled her in the Suzuki program with "an auditory book and recording". It was like learning a new language. "The most effective way is to learn to speak the language first and then learn to read it," Bethany says. Of course, "If you go too far to the extreme of 'listening', you can get good at 'copying'...introducing sounds but when it comes to 'reading' music, have no clue." She has discovered that "the older we get, the more visual we become," and for that reason, introduces her adult and senior students to theory and notation right away.

Bethany began teaching music while she was still in high school at the Etobicoke School of the Arts in Toronto. Back then, the kids who couldn't afford lessons gravitated to her. Bethany taught cello to a girl who was living under a bridge and attending the school as a music major. Everything she owned was in her locker. Teaching was a way too of earning extra credits at school. Around this time, Bethany honed her technique by taking a teacher training course in the Shinichi Suzuki method she herself had been weaned on. "It's typically a classical method," Bethany says, "started in Japan a hundred years ago."

Bethany has been teaching cello now for nine years, violin for two, and has just recently begun taking in mandolin students.

I asked Bethany to elaborate on her own progression from one stringed instrument to the next. There are similarities between them. "Viola is a natural step from the violin, and the mandolin is tuned the same as the violin." She picked up the banjo fairly recently because one of her students wants to learn and so lent her a banjo. Her decision to play the violin came after she began making and repairing them. She had studied instrument making with Philip Davis at the Haliburton School of the Arts. Of course the instruments would need to be 'tested' and she realized it was "imperative that I learn to play or I couldn't adequately figure out the sound quality." She finished making her first violin in 2001. She worked at it "on and off" for three years. It took her a year to make the cello she now plays. Bethany lovingly cradles her violin: Spruce in the front, maple in the back, sides and scroll of maple, ebony fingerboard and the added touch of rosewood pegs. Instruments that come straight from the factory are mass made and may require adjustments. Oftentimes people will come to her to 'fine tune' their instruments.

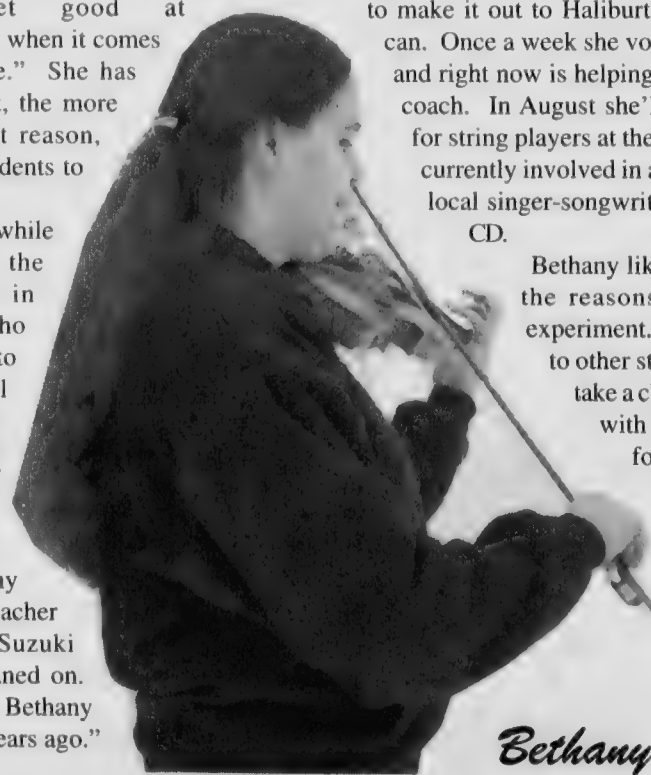
Music is Bethany Houghton's life and it's a full time job. During the day she works on repairs or the making of instruments and then teaches in the evenings. She's "built up her numbers of instruments" over the years so that she is able to rent them out, particularly to new students who may not be quite ready to make the commitment to purchase their own.

Bethany loves to perform. She plays a lot of weddings and tries to make it out to Haliburton's two Open Stages whenever she can. Once a week she volunteers at the Haliburton Dance Arts and right now is helping with the musical "Annie" as a vocal coach. In August she'll be conducting a week-long course for string players at the Haliburton School of the Arts. She's currently involved in a recording project with Cass Marie, a local singer-songwriter who is in the process of making a CD.

Bethany likes all kinds of music which is one of the reasons she encourages her students to experiment. "I'll introduce my classical students to other styles" and inversely has "her fiddlers" take a classical lesson once a month. "I played with the Mississauga Symphony Orchestra for awhile — with a group called the Ital Philharmonic (a group of mostly Italian descent, that generally played selections from Verdi operas. I say this with a cheeky grin, of-course.) I've played with multiple quartets

Bethany cont'd... pg. 23...

Bethany Houghton



... from pg. 22

Bethany is quite comfortable on stage. This is the girl whose first public recital was in kindergarten playing a French folk song on cello.

over the years, most notably, the one my sisters and I put together,” Bethany says. She also joined a rock band in high school that “performed songs by Metallica”.

Bethany is quite comfortable on stage. (This is the girl whose first public recital was in kindergarten playing a French folk song on cello.) Stage fright is one of the issues she works on with her students. Anyone who has done a speech in front of an audience can relate to that palm-sweating, stomach churning, heart-pounding experience. Though some thrive on the adrenalin, others could just as easily ‘hurl’. Bethany “looks at it clinically. You have to know how your body will react. It’s important to perform as much as possible.”

She competed in concerto competitions in high school and “won quite a few Kiwanis festivals as well,” but says she tends to “stay away from competitions for moral reasons,” feeling that people should measure themselves against their own standards, not against some else’s, which is why she “likes the premise of the Haliburton Highlands Music Festival. They don’t compete against each other, but they do give helpful music advice in their adjudication. I especially like to emphasize the joy in a casual and comfortable musical experience.”

Bethany is particularly hard at work right now as she has been hired as the musical director for Michael Fay’s next play ‘Last of the Great White Pine’, an original romantic tragedy, set at the Haliburton County Fair in 1884. Underlying the story is the history of the destruction of the forests and the hope of renewal and eco-survival. Bethany is in the process of “putting together the fiddling group for the production” – a multi-artistic endeavor which also includes song and dance. “There are songs being written to accompany Michael’s poetry and we’re interspersing some modern songwriting with the more traditional fiddling styles. It’s a musical with a big chorus and has almost a Romeo and Juliet theme. We’ll have as much live music as possible.” Along with everything else she does proficiently, “Bethany plays a mean fiddle,” Michael Fay says. “She’s a great asset to our growing indigenous theatre community.”

The violin has a rich and varied history. So much culture is tied up with it, thus the prevailing attitude whenever the instrument is removed from its classical moorings. “There is a prejudice against cellists and violinists playing fiddle,” Bethany says, and she has written a short story, a piece of creative non-fiction addressing the dilemma called “A Fiddle in the Attic” which she hopes to publish. “When the instrument is played precisely and with an educated mind moving the fingers, it’s called a violin and when the instrument is played with abandon and total freedom of style, it’s called a fiddle,” she chuckles. She’s currently listening to a band called The Duhks, “a kind of folk amalgamation,” that has its roots in Celtic and gospel music.



Regarding the beautiful finish on Bethany’s handcrafted instruments, I can’t help but recall that really neat movie, “The Red Violin”. Bethany liked it too but said the story contained one crucial inaccuracy. Bethany says blood has been used in the varnishes of violins in the past – oxblood, to be exact — but “the blood would oxidize and turn black.” The film should have been called ‘The Black Violin’ but where’s the poetic justice in that?

The amazing film composer, Ennio Morricone once equated music with salvation. He could well be right. Bethany’s aura is one of joyful containment. Good vibrations abound.

This is a woman who has allowed music to infuse her body, mind and spirit and everyone within her circle of influence will benefit.

To reach Bethany Houghton for music instruction or to hire her for engagements, please call: 286-6255



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**With financial support from Smoke Free Ontario and the Ontario
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March Break Smorgasbord for the Kids

If you're looking for something for the kids to do during the March Break, check out the happenings at the Rails End Gallery during the March Break Smorgasbord from March 14-16. This year the gallery presents a sampler of arts related activities. Half day programs for ages 7-10 mornings and 11+ in the afternoons. Choose from drumming, jewellery, clay, mask taught by local artists in our Open Studio atmosphere. To register please contact the Gallery or Daniel Pagliaro at 457-2330 or Toll free: 800-461-7677 or by email at hhgfa.railsend@on.aibn.com.

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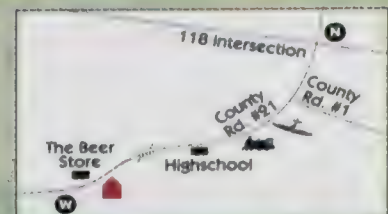
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Free Family Education for Mental Health Care Givers

By George Farrell

While I was at the CBC I worked as a producer on a weekly program on disability issues called The Disability Network (D/NET). I worked with other producers who have disabilities themselves, and of course I was in contact on a daily basis with persons with both physical and mental disabilities. I learned many things while I was at D/NET, and I must say that my time there changed my life drastically, probably more than any other single factor that I can think of. I learned, among many other things, that unless you have a disability or live with a person who has, you have absolutely no idea of what persons with a disability go through on a daily basis, and no concept of how that disability impacts on family members and loved ones. Whether the disability occurred at an early age or later in life, the impact on care givers is immense and life-changing. The stress involved is tremendous. Incredible amounts of time and effort have to go into caring. It's very often a case of giving over your own life to devote to the person who has the disability.



CANADIAN MENTAL
HEALTH ASSOCIATION

ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE

**"...don't suffer in silence,
help is on the way..."**

So great is the stress that in many instances the care givers suffer a breakdown themselves, and then of course everyone involved is impacted to an even greater extent. It was with some joy therefore that I received the news that help is on the way for care givers who are looking after friends and loved ones who have mental health issues.

I spoke to Melanie Jackson who is the regional Public Education Co-ordinator for the Canadian Mental Health Association, and although her office is in Lindsay, Haliburton is part of the area of her responsibilities. Melanie told me of a

free program under her portfolio for care givers who are family members, and for friends who give care on a daily basis to a person or persons with mental illness.

"Family members and care givers have difficulty living and caring for persons experiencing mental illness and we have this program for families based on what care givers have told us they need

Mental Illness cont'd... pg. 27...



The Board of the Haliburton Highlands Chamber of Commerce are pleased to invite you to:

The 2006 Business and Community Achievement Awards

Saturday, March 31st, 2007

at the Delta Pinestone Resort.

This is an evening to celebrate and honour the exemplary achievements and contributions of people who live and work in Haliburton County.

Tickets: \$40.00 pp - Please RSVP by March 16th, 2007 - 286-1760

Itinerary

5:30pm Cocktail Reception

6:30 pm Dinner & Awards Ceremony

Please join us for this Premier Haliburton Highlands Award Celebration!



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CHAMBER of COMMERCE**

Mission Statement:

The Haliburton Highlands Chamber of Commerce, through its leadership, is committed to continuously promote and foster the business climate and enhance the quality of life in our community.

**Small Business of the Year • Large Business of the Year • New Business of the Year • Not-for-Profit Business of the Year
Young Entrepreneur of the Year • Highlander of the Year • Youth of the Year • Award of the Year**

"Family members and care givers have difficulty living and caring for persons experiencing mental illness and we have this program for families based on what care givers have told us they need assistance with."

Strengthening Families Together

assistance with," Melanie commences. "It's called 'Strengthening Families Together' and it's facilitated by experienced volunteers who have first-hand personal knowledge." It's a 10 week program on Wednesday evenings from 6:30-9:00 pm and it commences on March 28th.

"Once we have a list of people interested, a location will be determined. In the past we have used the high school in Haliburton, but we are thinking this year of a location in Minden. We like to use the experience of

local volunteers to deliver the program. For example volunteer June Partridge is a strong supporter of education for family members and other care givers. Sometimes we have professional care givers come because they are interested in learning more about Mental Health," Melanie says.

The course outline includes: discussions about various serious mental health issues, how the Mental Health Association works, what local resources are available, personal self care (care givers taking time for themselves), as well as communication and problem solving.

Melanie explains, "Everyone who's ever taken the program has said that it's worth their time and that it's increased their confidence as a care giver. Because the health care system is the way it is, families are the first line of defense. They are the primary care givers, and having knowledgeable, confident care givers makes for a healthier family all round; and the person who has the disability will be better cared for."

In Haliburton County the Haliburton Highlands Mental Health Services (HHMHS) provides professional services, but families do a lot of the rest. Typically the professionals come in weekly, bi-weekly or monthly, depending on the severity of the illness and the requirements of the patient. "So the family care givers are left to take care of many of the day to day needs," Melanie reiterates, "like transportation, shopping, getting prescriptions filled, help with financial matters, and keeping track of appointments. It's equally difficult for care givers whether persons with a mental illness live independently or not-it can be hard either way."

The underlying message Melanie Jackson wants to get across to caregivers is: "don't suffer in silence, help is on the way. We advertise, so watch the Communicator for events currently being planned for the spring."

Once again the course is called *Strengthening Families Together* and it's a 10-week program on Wednesday evenings from 6:30-9:00 pm commencing on March 28th. (Location to be announced). So for those who need help in giving care to their loved who have a mental illness, get in touch with Melanie Jackson. Melanie can be reached at 888-454-8875 or by email at fcn@nexicom.net.

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Buy trial-size items of the toiletries and makeup you use morning and evening, and keep these in a cosmetic bag to use just for traveling. You can also save the small samples of soaps, shampoos, and conditioners that hotels give out. This will save time when you're packing for trips, and you'll be less likely to forget something. Just remember to replenish items when you return home.



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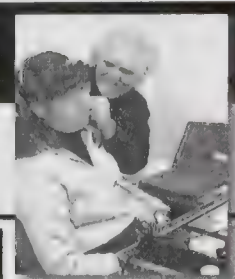
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Haliburton Highlands Health Services

Diabetes Education Network Is Here To Help

The Haliburton Highlands Diabetes Education Network works with clients to help manage their blood sugar. Clients will be pleased to discover that there are now increased hours of operation, and the service is free of charge.

The diabetes team is made up of a registered dietitian who works full-time, 2 registered nurses that job share-making up full-time hours, a clerical who works 2 days per week, and a supervisor who manages the department.

Research has shown that clients who attend regularly for follow-up visits with their Diabetes Education Networks show greater improvement in their blood sugar and cholesterol levels. Therefore, it is important to remain in contact with your Diabetes Educators



The Diabetes Education Network invites all of their clients who have not been in contact with them recently to call and schedule an appointment to reconnect and establish regular follow-up at appropriate intervals, which may be monthly or yearly based on individual needs. They also accept self-referrals, so if you haven't seen them before call for an individual appointment, even if you don't have a family doctor.

The Diabetes Education Network also offers a variety of programs to clients, including:

Diabetes Information Workshop – This is an initial workshop where the registered nurse discusses what diabetes

is, how to manage your blood sugar, and the complications relating to diabetes. The registered dietitian discusses the foods that affect your blood sugar.

Cardiovascular (Heart & Stroke) Disease Workshop – An important session as risk of heart disease and stroke are so great in diabetes. In this workshop they discuss management of blood pressure and cholesterol, including information on dietary fat and fibre.

Special Presentations – Four times per year special guest speakers present specific issues relating to diabetes.

Supermarket Tours – The registered dietitian will implement supermarket tours twice per year.

Weighing in for Health – This program is being initiated to help clients stay on track with their diet and exercise regimes to promote weight loss. Clients will attend 15 minute individual appointments monthly to "weigh in" and discuss lifestyle issues.

Keep a watch out for advertisements regarding our programs or call today to find out what programs are coming up in the near future.

If you have pre-diabetes, diabetes or some of these risk factors, we welcome you to attend our clinic. You do not need a doctors referral, self-referrals are welcome. Do not hesitate to call.

The diabetes team works in both the Minden and Haliburton sites. The new hours of operation are from 8:30am- 4:30pm, in Haliburton and Minden. In Haliburton the offices are open on Monday, Thursday and Friday; and in Minden on Tuesday and Wednesday. For an appointment, or to find out more call 457-1392 ext 241 in Haliburton, or 286-2140 ext 296 in Minden.

Pictured above: Sheena McLeod, Registered Dietitian; Dayle Smith, Registered Nurse; Catherine Neville, Clerical Support; Judy Webb, Registered Nurse, CDE; & Melanie Flood, Manager of Clinical Support Services

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Great Expectations

Free Prenatal Classes Can Help Parents Prepare for Arrival of Newborn

For couples whose first reaction at hearing they are pregnant is "oh baby, what do we do?" take heart because there is a class for you.

Parents-to-be, married or single, are invited to attend the following free classes to help them learn what to expect during pregnancy and birth as they prepare for the arrival of their new baby:

WHAT: PRENATAL CLASSES
- (Presented by the Haliburton, Kawartha, Pine Ridge District Health Unit and Ontario Early Years Centre)

WHERE: Ontario Early Years Centre in Haliburton Village - (83 Maple Avenue, Halco Plaza, Lower Level)

WHEN: Class starts on Wednesday, March 28 (Runs over four consecutive Wednesdays)

WHY: Learn what to expect during pregnancy and birth. Participants will learn about a healthy pregnancy, labour and childbirth, the benefits of breastfeeding, baby care and much more.

TORREGISTER: Space is limited, so call the Health Unit at 457-1391 to register for the class or to find out more information.

"While having a new baby is a real joy, it can be a challenging experience," says Marg Graham, a Family Health Nurse with the HKPR District Health Unit. "These classes are not only to help expectant parents have the healthiest baby possible, but also to prepare them for life with their new baby."

Great News! End in Sight For Capital Loan

At the recent board meeting of the Haliburton Highlands Health Services Foundation, the board and staff were very pleased to present a cheque for \$35,000 to the Chair, Jeanne Anthon and the CEO, Keith Sansford of the Haliburton Highlands Health Services Corporation.

The cheque will be used to reduce the Corporation's capital loan on the health care facilities in Haliburton and Minden. Chair Jeanne Anthon advised that with this cheque the balance of the capital loan is now at \$65,000. "The board is delighted that the end is in sight, and we thank the Foundation board members, volunteers and staff for their dedication and hard work" commented, Anthon.

Capital Campaign Chairman, Don Popple was instrumental in the "Building Our Future" campaign that began in December 1998 to raise \$5.7 million for the construction and rebuilding of the two facilities and new equipment and furnishings. "Many people thought we would never get to this stage and we deeply appreciate the support from everyone", said Don. His volunteers and committee members were totally dedicated to the cause, knowing very well how important good health care facilities are to the community. He further advised "We expect to complete the campaign in the next two months".

HHHS Foundation Chairman, Peter Oyler is also very pleased and looks forward to the day of retiring the capital loan. "We are planning a large celebration early this summer and we hope to have the community join us to celebrate the success", said Oyler.



HALIBURTON HIGHLANDS
HEALTH SERVICES

For The Health Of The Highlands

Haliburton Highlands Health Services
Board is seeking

NEW DIRECTORS

Haliburton Highlands Health Services has a broad mandate to oversee and develop an integrated health service. We would like to have a diverse representation of Haliburton County's demographics on the Board.

Volunteers interested in the health services of our area should forward a letter, with resume / C.V., by April 15, 2007

To:

Dr. Richard Charron, Chair, Nominating Committee
Haliburton Highlands Health Services

P.O. Box 115, Haliburton, Ontario K0M 1S0

Fax to 705-457-1071

email to: info@hhhs.on.ca

If you have any questions, please call the Administrative Office at 457-4508.

If you have experience in any of the following fields, you might be interested in joining our Board of Directors ...

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Community Advocacy
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Ethics
Financial & Accounting
Government & Govt. Relations

Health Care Admin & Policy
Health Care Professionals
Human Resources
Information Technology
Labour Relations
Legal
Patient & Health Care Advocacy

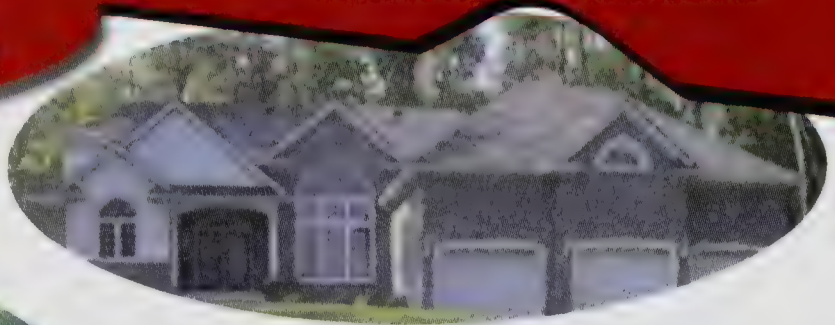
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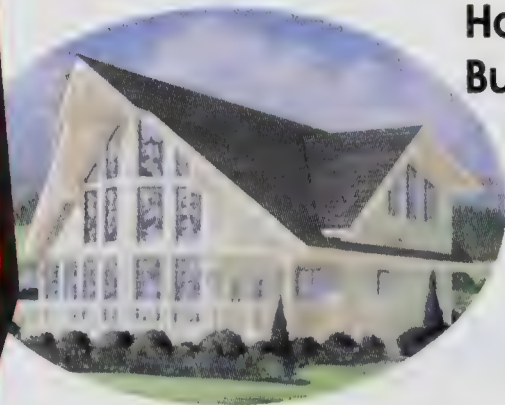


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Ghost Stories

Scary Tales

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...

An elderly woman and her infant grandchild were sitting in the kitchen of their village home when suddenly the child cried out excitedly!



The innocent eyes of the child had seen nothing more than a diverting new game. But it was a game that terrified the old lady, and developed into a mystery for which scientists, despite every test, have as yet been unable to find any natural explanation. It happened in the village of Belmez not far from the city of Cordoba in Southern Spain, on a hot morning of August 1971.

What the child had seen was a human face, which had

Faces of Belmez

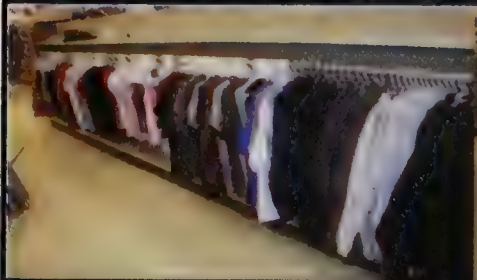
...What the child had seen was a human face, which had spontaneously imprinted itself on the pink floor tiles...

spontaneously imprinted itself on the pink floor tiles – a face with trouble features, infinitely sad. No recognisable pigment of any kind had formed the image, and when the family tried to rub it out, they were horrified to find that the eyes only opened wider and the expression grew even more sorrowful.

Alarmed and bewildered, the owner of the house tore up the floor and replaced the sinister tiles with concrete. But three weeks later a second face emerged; this time with even more clearly defined features. The local authorities became involved. They ordered a section of the floor to be cut away. Workmen dug the floor up, uncovering the remains of a medieval cemetery. Meanwhile a third apparition took place, then a fourth then a series of faces all together. The kitchen was locked and sealed. Four more faces, including that of a woman, appeared just as mysteriously in another part of the house.

But they were the last: the phenomenon melted away as inexplicably as it had begun. No one has yet come forward with a really satisfying explanation of the Faces of Belmez. All the experts have been able to suggest is that the house was once the scene of some tragic and terrible incident.

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It's the Law

It's the Law

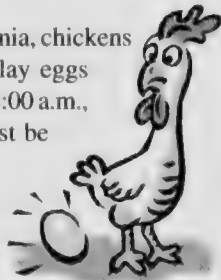
In Galveston, Texas, it is illegal to have a camel run loose in the street

In North Carolina, it is against the law for dogs and cats to fight.

In Singapore, it is illegal to chew gum.

In Cleveland, Ohio, it is unlawful to leave chewing gum in public places.

In Virginia, chickens cannot lay eggs before 8:00 a.m., and must be done before 4:00 p.m.



In New York, it is against the law for children to pick up or collect cigarette and cigar butts.

Crazy But True Law Suits

Jumping On The Band Wagon...

Hazel Norton of Rolling Fork, Miss., read there was a class action suit against the drug Propulsid, which her doctor had prescribed to her for a digestive disorder. Despite admitting that "I didn't get hurt by Propulsid," Norton thought "I might get a couple of thousand dollars" by joining the lawsuit. When her doctor was named in the suit, he quit his Mississippi practice — where he was serving the poor. He left with his wife, a pediatrician and internist. That left only two doctors practicing at the local hospital. So while Norton wasn't harmed by the drug, all her neighbors now get to suffer from drastically reduced access to medical care because of her greed.

How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?

Community Volunteer Tax Program Here To Help You Prepare Your Taxes

The [CVITP] Community Volunteer Tax Program is again ready to begin. There are four locations within the County for qualifying residents.

Haliburton Legion:

Every Tuesday beginning March 6, 2007
10:00 am to 12:00 noon
Contact volunteer Tiia Billings at 447-2462

Minden Legion:

Every Monday beginning March 12, 2007
10:00 am to 12:00 noon
Contact volunteer Tiia Billings at 447-2462

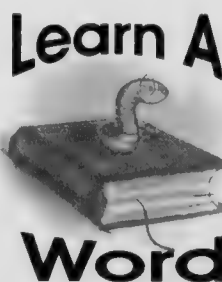
Minden Ontario Government Building:

Returns can be dropped off and picked up Monday to Friday during business hours.
Returns will be picked up and dropped off by the volunteer in Minden Mondays at noon.

Wilberforce Legion:

Every Monday beginning March 6, 2007
1:00 pm to 3:00 pm.
Contact Volunteer Marlene Watson 448-2266

The last day to pick up your return will be:
Minden and Wilberforce April 23rd
Haliburton April 24th



Unabashed

*un-e-basht*adj: not disconcerted; undisguised, unapologetic.

Mary marveled at Sean's unabashed rudeness, astonished that he could be so obnoxious without a trace of remorse.



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Lange on the Law *Donald Lange*

by **Donald J. Lange**
Barrister & Solicitor

Dog Owners' Liability

In Ontario, dog owners may find themselves liable to pay for the wrongful acts of their dogs. The *Dog Owners' Liability Act* governs the situation. The Act provides that a dog owner is liable for damages resulting from a bite or attack by the dog on another person or domestic animal. However, the extent of the liability may be limited. Although the liability does not depend upon the owner's knowledge of the dog's propensity or the owner's fault or negligence, the court will reduce the damages awarded in proportion to the degree to which the fault or negligence of the plaintiff caused or contributed to the damages. Guard dogs attacking trespassers intent on committing a crime are exempt unless the keeping of the dog on the premises was "unreasonable" for the purpose of the protection of people or property.

In addition to a lawsuit in the civil courts to obtain monetary compensation, a dog owner may be prosecuted under the *Provincial Offences Act* for the bite or attack or because the dog behaved in a menacing manner. The court has wide powers to order measures for more effective control of the dog, including that the dog be confined to the owner's property at all times, or muzzled or leashed when in public places. The court may also order that the dog be destroyed. In considering an order, the court may take into account various factors, such as the dog's past and present temperament and behaviour, the seriousness of the injuries caused by the bite or attack, the dog's physical potential for inflicting harm, and unusual contributing circumstances tending to justify the dog's action.

In August 2005, the highly publicized pit bull legislation came into force in Ontario. The legislation amended the *Dog Owners' Liability Act*. It prohibits future pit bull ownership in Ontario and imposes strict requirements on existing pit bulls including a requirement that all pit bulls be sterilized. "Pit bull" is defined as a pit bull terrier, an American pit bull terrier, a Staffordshire bull terrier and an American Staffordshire terrier. "Pit bull" also includes any dog that has an appearance and physical characteristics that are substantially similar to those dogs. The owner of an existing pit bull must ensure that the pit bull is secured at all times when in public places with a muzzle and a leash no longer than 1.8 metres in length. There are some exemptions, however, for approved dog shows and flyball tournaments.

In the next column, I will be talking about cottage property.

If quizzes are quizzical, what are tests?

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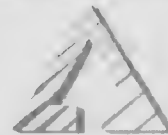
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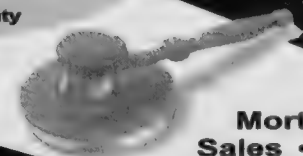
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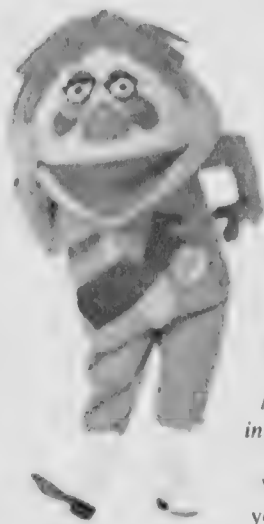
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Have You Ever Wondered *Why is it that...*



Was McDonaldland plagiarized from the old "H. R. Pufnstuf" kids' TV show?

I noticed recently on Starchoice the replay of the movie H.R. Pufnstuf (talk about taking me back to my childhood) and it got me thinking... Have you ever noticed the uncanny resemblance of the McDonaldland denizens to the characters in the old H.R. Pufnstuf children's TV show?

Well, in case you never knew, let me tell you about the successful lawsuit by Sid and Marty Krofft against McDonald's,

charging that the company and its advertising agency had ripped off the McDonaldland characters from H.R. Pufnstuf, which the Kroffts had produced. Are you ready...? Here's the whole sordid tale....

The Krofft brothers are legendary (well, pretty well-known) TV producers. They had their biggest successes in kidvid in the late 60s and early 70s, with shows like The Bugaloos, Lidsville, Sigmund and

the Sea Monsters, and most prominently H.R. Pufnstuf, which aired between 1969 and 1974. H.R. Pufnstuf featured brightly colored sets with hyperkinetic actors (many of them dwarfs) in wild costumes playing such characters as Wilhelmina Witchiepoo, Cling and Clang, and of course H.R. Pufnstuf, a friendly dragon who was mayor of Living Island, where plants, animals, and objects could talk and wacky adventures took place.

By 1970 H.R. Pufnstuf was the top-rated Saturday morning TV show, and the Kroffts began getting calls from ad agencies hoping to get in on the action. One series of calls came from the ad agency Needham Harper & Steers, which was wooing McDonald's. Needham figured a campaign featuring the popular H.R. Pufnstuf characters might be just the thing to land the business. In a letter dated August

31, 1970, Needham told the Kroffts that it was going ahead with a McDonaldland campaign based on the Kroffts' work and that they could expect a fee for creative services. But a short time later Needham told the Kroffts the campaign had been canceled.

Those devious ad agency guys! In truth Needham had gotten the McDonald's account and was proceeding with the campaign but apparently figured it could stiff the Kroffts out of their fee. "Former employees of the Kroffts were hired to design and construct the costumes and sets for McDonaldland," a federal appeals court later wrote. "Needham also hired the same voice expert who supplied all the

voices for the Pufnstuf characters to supply some of the voices for the McDonaldland characters." Needham reps even visited the Kroffts' LA headquarters seeking creative advice. But no cash was forthcoming.

After the first McDonaldland commercials began airing in January 1971, the Kroffts sued for copyright infringement. When the case went to trial in 1973, their lawyers showed the jury several H.R. Pufnstuf episodes and McDonaldland commercials and pointed out the obvious similarities. McDonald's and Needham responded that the show and the commercials weren't exactly the same. For example, Mayor McCheese and Pufnstuf were each the mayor of a fanciful



H.R. Pufnstuf cont'd... pg. 35...



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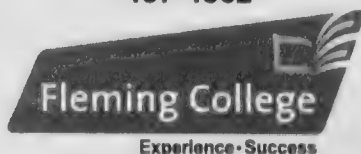
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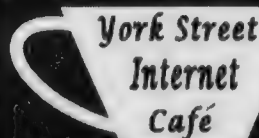
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HR Pufnstuff Cont'd..

... from pg. 34

land, but McCheese was a cheeseburger in pink formal wear while Pufnstuf was a dragon. Big difference!

The jury, and later the appeals court, didn't buy it. "We do not believe that the ordinary reasonable person, let alone a child, viewing these works will even notice that Pufnstuf is wearing a cummerbund while Mayor McCheese is wearing a diplomat's sash," the appeals court wrote. The court held that the defendants had wrongfully appropriated the "total concept and feel" of H.R. Pufnstuf, anticipating the "look and feel" argument made by litigious computer software developers years later. The Kroffts were awarded a big chunk of dough.

McDonald's had no comment on the whole mess. Discussing the case in his book *Sid and Marty Krofft: A Critical Study of Saturday Morning Children's Television, 1969-1993*, Hal Erickson quotes Red Skelton: "Imitation isn't the sincerest form of flattery—it's plagiarism."

What Ever Happened To Jack Wild?

Speaking of H.R. Pufnstuf – the little boy (Jimmy) was played by Jack Wild who passed away March 1 of last year. In September of 2004 he had emergency surgery after a cancerous growth was discovered in his mouth. As a result of this he lost his tongue and voice box. But you've got to say he's resilient, before the cancer he was cast in a London stage production of *Cinderella* (in a small role) and he intended to still perform. The part was re-written so that Jack had a silent role. After his surgery, he communicated through a special voice machine he typed words into.

Jack was born September 30, 1952, Royton, near Oldham, Lancashire, England. Probably his other most notable role is that in the movie "Oliver". He won the plum role The Artful Dodger, and was nominated for an Academy Award for his efforts.

At the Hollywood premiere of "Oliver," Jack was introduced to Sid and Marty Krofft, who thought Jack would be the perfect young actor to play the lead in their upcoming Saturday morning kids program, H.R. Puf n' Stuf.

Trivia: He was discovered by talent agent June Collins. June is the mother of rock star Phil Collins.

The Morrissey song, "Little Man, What Now", which describes a child-star long faded from the spotlight, is widely believed to be about Jack Wild, although some sources claim that it is Malcolm McFee who is referred to in the song.

Pictured above is Jack Wild as a young lad and Jack prior to his death in 2006.

Pictured on previous page is H.R. Pufnstuff character as well as some McDonaldland characters



Ontario Early Years Events for March

Nutrition and Kids – Ontario Early Years – Haliburton – Wed. March 21st 10:30 to 11:30

Join us for a Parent Talk Time with Beth MacEachern of HKPR District Health Unit to gain tips and ideas to support common eating challenges with young children around picky eaters, portion sizes for young children, and ideas to keep kids healthy on the go. For more information please call OEYC Haliburton at 457-2989.

Swim & Gym - Wig-a-Mog Inn Resort – March 23rd to May 18th

Splash, Splash, and Play! Families that play together stay fit together. Sessions are for families with infants to preschoolers to have an hour each of swimming and play at the Wigamog Inn. Join in circle time and learn tips to keep your family healthy. Call 457-2989 to register

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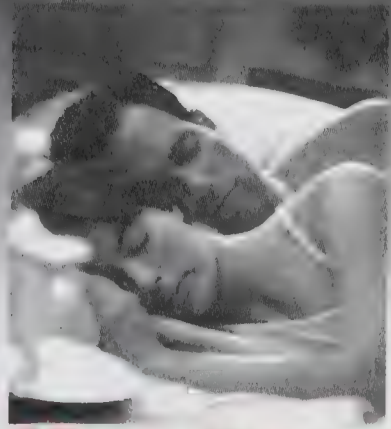
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Music Notes by Greg J. Roe

A Look At Music's History

What's in a Name.....

It was William Shakespeare that penned the phrase, "What's in a name? That which we call a rose by any other name would smell as sweet." Juliet, of course, is referring to Romeo's family name Montague and that it is Romeo she loves, despite her family's hatred of the Montague name. In essence, names don't matter. True in romance, perhaps, but not so in 'showbiz' and music is no exception!

Gordon Mills was a clever manager and promoter in the 1960's. He had many famous clients, among them Gerry Dorsey whose name he felt was too....well, forgettable. He needed a name that people would remember. Mills chose the name of a long dead Austrian composer and Engelbert Humperdinck was born (or reborn !) A similar approach worked for another client, Ray O'Sullivan. Playing off the popularity of playwrites Gilbert and Sullivan, Ray became Gilbert O'Sullivan and went on to success, despite reportedly not liking the name himself.

Movies have often been the source for musical names. Bad Company took their name from a 1972 movie starring Jeff Bridges, while Black Sabbath turned to a 1963, Boris Karloff flick for their moniker. Thomas Jones Woodward, another Mills' client, was given the shorter name Tom Jones to take advantage of the publicity surrounding a popular movie of the same name. Wayne Fontana and the Mindbenders turned to a British horror film, while Question Mark and his group borrowed from a Japanese sci-fi classic, The Mysterians!

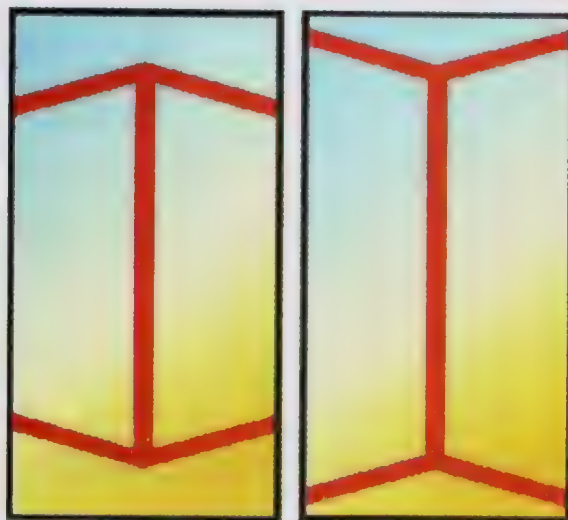
Borrowing names, however, can result in some problems. Buffalo Springfield took their name from a company that made asphalt rollers, an idea that came to them while stuck in traffic on the L. A. Freeway. In this case, the company was happy to have the publicity (although I doubt sales went up), and created no problems for the band. Poco, on the other hand, was originally named Pogo after the popular comic strip character but Walt Kelly, the creator, was not impressed and quickly threatened to sue. Just as quickly Pogo became Poco, likely a better name in the long run! The band Chicago ran into the same problem. Originally called The Chicago Transit Authority the threat of being sued forced them to shorten their name, even though they had already released their first album under the longer title.

Space considerations limit telling more, so I'll save that for the next column. Meanwhile, I'm thinking Greg J. Roe is a little....well, forgettable! Perhaps I'll change it to.....

Optical Illusion

Brain Teasers to Fool the Eye

Which line is longer the one of the right or the left?



They are actually both the same length.



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The Landfill Dilemma

By George Farrell

There was a report from the Environment and Property Operations Manager of incidences of verbal abuse and physical harm experienced by attendants at the landfill site.



**It Won't Go Away - So
Time To Change Our
Way Of Thinking...**

This is a topic that won't go away anytime soon, and in the minutes of the Minden Hills Council meeting from January there was a report from the Environment and Property Operations Manager of incidences of verbal abuse and physical harm experienced by attendants at the landfill site. He requested that signs be erected at all landfill sites to provide effective communication to landfill users and to promote respect for the attendants and waste management

operation, and to encourage recycling. It was advised that Watson Contracting has brought in an additional attendant to work at the Scotch Line Landfill site. It was suggested that disposable cameras be made available to ensure the correct license numbers and vehicle descriptions were reported to the police.

These are just some of the latest developments of ongoing problems at our landfill sites. The key words here are *communication*, *respect* and *recycling*. You might also add *education* to the list. To find out how these words and concepts play a part in our environmental future I spoke with Bob Romberg, the Environmental and Property Operations manager for the Township of Minden Hills. Bob mentioned that all the municipalities in the Highlands have similar concerns. "The big thing is space," Bob begins. "Our land fill sites are relatively small, and the biggest issues concern leaching from sites into our water systems. The paperwork and the processes involved in finding, securing and having a new site fully operational could take up to 10 years," so it's important that we deal with what we have now to insure that the present sites are as efficient as they can be."

Recycle, Recycle, Recycle

"It's the issue of recycling we want to encourage, and suggest to residents that recycling is so important, and the more recycling we do the longer the sites will last." Surprisingly, unlike some of the other townships Minden Hills does not at the present time have a mandatory recycling bylaw. "Minden avoids a mandatory

landfil cont'd... pg. 39...

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Landfill Attendants Taking Abuse From The Public Has To Stop

bylaw in order to encourage residents to come on board voluntarily, as opposed to forcing them," says Bob. "They're coming along, but there's still a long way to go. I would say that our summer residents are more knowledgeable, and adhere to the concept of recycling more than our full time residents, due to the strict recycling bylaws in larger centres. Some landfill attendants, have suffered some abuse, mainly by local residents because people are used to doing things the old way, and it's hard to change. Residents have some issues with signs and directions as to how and where to dispose of their waste."

Bob Romberg defines the Minden situation. "Whether or not there is a mandatory recycling bylaw in Minden Hills depends entirely on how residents comply with the rules and regulations regarding recycling." His message to residents is "It's up to you."

The fact is though that all residents of Haliburton County have to change their thinking. "In order to retain our certificate of approval (for our landfill sites), we have to abide by compliance guidelines (from the Ministry of the Environment). They tell us how to manage our sites, and where to deposit our waste, and the sites are continually monitored," Bob explains. "They are going to be mandating more compliance from municipalities. They are going to be more strict in telling us how to manage our sites. Municipalities will have to comply, and there will be a cost which will be passed along to consumers by way of eventual disposal fees, and there will be heavy fines for illegal dumping."

"The Ministry of the Environment has mandated that by 2008, 60% of waste recycled material be diverted to recycled depots- any recyclable material has to be kept from being buried permanently at the land fill sites. Our recycled material goes to Muskoka Containerized Services recycling plant in Bracebridge, and we pay for the cost of transport and having it processed, which is a significant cost to the community. These costs in the long run will be more reasonable than costs involved in providing a new land fill site, says Bob Romberg."

How Recycling Can Make, and Save You Money

The Province has been pro-active in trying to re-direct all wine and liquor containers from landfills. Now you can take those glass and plastic containers to the beer store along with your regular empties, and get a refund, just like you do with empty beer bottles.

You can save money by recycling because if you recycle you reduce the amount of non recyclable garbage you have to dispose of. You must tag each garbage bag of non recyclable garbage with the tags provided by your township, and which

come yearly with your tax bill. If you are not already being charged by your municipality for your tags, be advised that in the near future your tags will be costing you anywhere from \$1 to \$3 per tag. So recycling more, and reducing the amount of tags you use will save you money.

Communication with, and education of the public, regarding recycling continues on many levels, and it won't end anytime soon. Respect on the other hand, is perhaps something that can be better dealt with on a community level, especially where it concerns abuse

towards the land fill attendants, who are after all, residents themselves, and are only following regulations. Bob Romberg continues. "Municipalities do have bylaws regarding the operation and maintenance of sites. There are rules dealing with antagonistic individuals, and those who deposit illegal wastes in

Landfill cont'd... pg. 43...

Five Good Reasons To Rent Your Cottage

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Be Part of History So Years From Now It's Your Name They Reminisce About...

By Stephen Patrick

Almost 70 years ago Sharon Middlehurst's grandmother came home from a summer social at the Whitfield Anglican Church, near Shelburne, with a prize of a hand-made quilt featuring the embroidered names of some local parishioners. "These quilts were known as 'dime' quilts," says Sharon, because it cost you just 10-cents to have your name embroidered on them – and all proceeds supported the Church."

Over the years the quilt was passed down through Sharon's family – and not much notice was taken of it until recently – "we thought it wasn't much more than an old rag, really," admits Sharon. "We used to play with it as kids, and really treated it pretty roughly. But then I started to look carefully at it and soon realized that this was a real part of Whitfield's and Shelburne's history. And as a Sewing teacher and Quilter I also could tell just how much careful work had gone into it. But when I saw that the quilt contains names such as Agnes McPhail, I thought that this was a very valuable piece of work."

MARCH BREAK ART WORKSHOPS

at the
Agnes Jamieson Gallery
176 Bobcaygeon Road, Minden

March 12 to 16
9:30am to 4pm each day

Age: 8 to 14 (recommended)

Materials supplied – unless otherwise stated. Lunches are required. COST: \$25 per child per workshop OR \$80 per child for entire week. Pre-register by calling the gallery at 286-3763 **Sponsored by: Minden Rotary**

March 12th - Wire Animal Sculpture

Instructor: Charles O'Neil

What better thing to do in the Highlands? Charles is well known for his amazing wire sculptures. He will work with the children in a step-by-step manner to create a wire animal sculpture. If possible please bring the following: leather gloves; safety glasses; needle-nose pliers; side-cutters and apron. Wear old clothes.

March 13th - Basic Soapstone Carving

Instructor: Kim Warne

Carving is a tradition and important to many cultures as their way of capturing their heritage, most notably the Inuit. Children will learn the process behind soapstone carving and will be given pre-cut stone to carve into a loon. (Workshop may go 2 hours into the following morning in order to complete the carvings.) Participants must wear old clothes, bring a flat plastic container and an apron.

March 14th - FUNKY Textiles

Instructor: Nadine Papp

Nadine will work with children in the latest textile designs and trends in creating a piece of funky wear. Children will be encouraged to try a series of techniques including dying, silkscreening, painting and appliquéing. Each will work on creating design patterns and implementing other materials with fibre such as metal, beads and embroidery. Please supply a T-shirt per participant – preferably plain white and washed.

March 15th - Portrait Painting

Instructor: Jenn Wainless-Craig

Children will have fun learning the basics on drawing a portrait, discussing gestural drawings and the proportions of a face. Each will work at sketching different angles of themselves and others. Then choosing their favourite, each will receive a canvas to paint with acrylics their favourite portrait.

March 16th - Shadow Box Collage

Instructor: Laurie Carmount

Children will be asked to bring in a series of items which have a profound meaning to them and hold memories. After a brief discussion about what a memory collage is and viewing well-known artist work in this discipline, children will work with shadow boxes each creating an incredible keepsake.

Among the dignitaries that lent their names (and hopefully their dimes) to the quilt were then Ontario Premier Mitch Hepburn, the Hon. Earl Rowe (sometime Conservative leader and later Ontario



Lieutenant-Governor), and famous suffragette and Canada's first female member of parliament, Agnes McPhail. "The quilt really made me think about how easy it is to forget the histories of ordinary people and how valuable these 'history quilts' might be to local historical societies, genealogists, and museums."

Sharon and her husband Dennis first began cottaging in

Haliburton in the 1990s and in 2003 moved to a permanent home in Ingoldsby. Soon after they became Cottage Dreams volunteers, offering their original cottage to families recovering from cancer. And then Sharon began to think about how she could raise money for Cottage Dreams, and the idea of a modern 'history quilt' seemed perfect.

So, aided and abetted by the Haliburton Highlands Quilt Guild (HHQG), Sharon and some four fellow intrepid quilters have begun a unique and exciting project called the Highlands Heritage Dream Quilt in aid of the Cottage Dreams Cancer Recovery Initiative.

Here's how it going to work: for just \$15 (minimum donation) individuals or organizations will have their name embroidered on the Dream Quilt, to be completed by the summer of 2008. Businesses are also invited to contribute, at \$25. Individuals, organizations and businesses must have a Haliburton connection as residents or cottagers, or relatives of settlers, etc. Each donor

History Quilt cont'd... pg. 39...

The Haliburton County History Quilt... Be Part of it!

... from pg. 38



Pictured left to right: Gus Janca, Nancy McLuskey, Dale Jewett, Susan Sheehan, and Sharon Middlehurst - the Highland Quilters History Quilt Committee.

will be asked to fill out a signature card containing a history of their connection to Haliburton and their family connections. This information will become a part of the Dream Quilt package. Once the Quilt has been completed it will become the property of the Agnes Jamieson Gallery in Minden for posterity.

"The reception we've had already has been just great," says Sharon. This week we introduced the idea to the Minden Hospital Auxiliary and we were told we might need to make two quilts, not just one! And already someone has donated over \$200 to have some members of their family on the quilt as a memorial." Sharon and the quilters estimate that the quilt could contain up to 1000 names. The design, by Quilter Dale Jewett, features batik material in all the colours of the rainbow with the names to be embroidered in muslin. Dale, along with fellow quilters Nancy McLuskey, Susan Sheehan, Jean Bolt, and of course Sharon can't wait to get going on the project. And, at 108 inches square, there's certainly going to be lots of work to be done. Gus Janca is also donating his time to provide professional data base organization for all the biographical material.

This is a wonderful chance to make sure your family's local history and connection to the Highlands is preserved in a permanent way, and to help support a great Haliburton charity initiative at the same time.

For further information, and to obtain a donor card and biography guide, please contact Sharon Middlehurst at 705 286-1531, or phone Cottage Dreams at 705 457-9100. All cheques should be made out to Cottage Dreams, and charitable tax receipts will be issued for donations over \$20.

My Friend

It's been three years now and I still feel the same
You were and always will be my friend
Not a day goes by that I don't think of you
All the good times and things we used to do

You made me laugh when ever I was down
You would find a way to make me smile
I could always count on you
To help me make through the miles

Many friends you had Steve
You always knew this in your mind
But there was more going on then we knew
I know now in us the answers you couldn't find

As my life goes on each day
I will always carry you along
When I'm in need of some inspiration
I just think of you and all those songs

Your son would be proud of who you were
And everything you did
I will make sure he knew the fiend you were
He will know how much he loved his kid

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If you can hold a beat, you're invited to the Abbey North Drummers DRUMATHON on March 24-25 at the Rails End Gallery in Haliburton.

Grand Prize for most donations is One Week All Inclusive Drumming Retreat to Cuba with Soul Drums

Come join us in creating a 24-hour groove for social change. Anyone can participate! Get sponsored—Drummers and dancers collect sponsorship in support of ICA, Canada's Listen to the Drumming campaign, funding ongoing HIV/AIDS programs in sub-Saharan Africa and the work of Abbey North Drummers. Prizes are awarded to those who collect the most in total donations from sponsors: Grand Prize—One-Week all-inclusive drumming retreat to Cuba with Soul Drums. Second Prize is a Recording session at Red Hot Studios. The third Prize is a Drum from Earth Tones

Studios. Email: drumathon@abbeynorthdrummers.com

All are welcome - from novices to professional drummers. Children under 12 must be accompanied by an adult. Dancers are also encouraged to be sponsored and participate. Anyone is welcome to come and observe the drumming and dancing. Admission is by donation. Volunteers to help keep drummers and dancers fed and watered are needed. For all the details see www.abbeynorthdrummers.com or call Bazza at 705-854-0265, or Contact: Barry Hayward Tel: 705-854-0265. Or email Email: drumathon@abbeynorthdrummers.com



Open Forum *Letters to the Editor*

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It's your chance to say something nice....

Pizza Delivery in the Highlands!!

147 Little Caesars pizza kits were delivered to the Highlands on February 28. Volunteers sorted them in the parking lot in front of Lakeside Baptist Church and then delivered the kits to all those who had placed orders. The fundraiser brought in over \$700 for the Highlands Community Pregnancy Care Centre. The Board, staff and volunteers of the Centre extend a big THANK YOU to the community for their support. For more info about the centre, please visit www.haliburtonpregnancycentre.ca.

Trudy Pogue

Dear Sir/Madam:

We were lucky enough to win, through your paper, dinner for two at Ox Narrows Resort.

We made our reservation for January 13th and, upon our arrival, were greeted warmly by our host, Shirley Johannessen, who made us feel at home.

The dinner menu contained a wide and interesting array of appetizers and entrees from which to choose. Our food was cooked very well and delightfully presented.

Karen, our server, handled all of our needs in a friendly and professionally attentive manner, so that her service added to the overall dining pleasure.

All in all, we thoroughly enjoyed our dining experience at Ox Narrows Resort and can honestly recommend it to your readers.

Our best wishes for continued success to our hosts, Derek and Shirley Johannessen.

Sincerely, Doug & Tina Palmer

Correction:

In the last issue of The Communicator we featured an article "The Art of Living - Pat Brown". The article indicated that it was

written by Lea Kitler when actually it was written by Lea Harper. Lea Kitler writes our real estate tips column and we accidentally put her by line in Lea Harper's space.

Our apologies to both Leas.... I'm definitely getting confused with two Lea's on our writing team - but we'll make sure it doesn't happen again.

Lea Harper also wrote St. Valentine Presents: A Night of Tortured Love - which appeared in our February Valentines edition of The Communicator.

Watch for more great articles from the two Lea's in upcoming issues. We appreciate both and thank them both for all they have done for The Communicator.

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The Landfill Dilemma Cont'd...

... from pg. 39

the sites without paying or without the direction of the land fill attendant. These include letters of reprimand and suspension of using a particular site. The OPP will be notified of an major issues arising from a land fill site. The land fill attendants are



Bob Romberg

advised not to offer any retaliation, but to take licence plate numbers and any additional information regarding the occurrence, and to pass it on to their supervisors.

The municipalities hire a contractor to supervise day to day operations at the sites."

So people, get on board, and help to keep our communities beautiful, and environmentally responsible. And please respect our land fill attendants whose job it is to show you how to dispose of your garbage and recyclables more efficiently.

To find out what the future of land fill sites might be you can access the recent study conducted by environmental consultants on the county web site: www.haliburtoncounty.ca Click on municipality and go from there.

For specific information on land fill sites and disposal rules in your community, get in touch with your municipal office.

Dysart et al - tel (705) 457-1740 fax (705) 457-1964 email dysart@on.aibn.com web www.dysartet.al.ca

Algonquin Highlands - tel (705) 489-2379 fax (705) 489-3491 email stanhope@county.haliburton.on.ca web www.algonquinhighlands.ca

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How would you like to win \$100? Well it's easy with the Communicator!

Just read all the ads and keep an eye out for Sam - The Advertising Man. We will be hiding a few Sams in various ads throughout the publication, so look for more than one.

Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator.

The first correct answer pulled from entries received wins \$100! It's that easy and it's fun too!

There were 5 sams in the last issue. They were hidden in the following ads: Little Bit of Everything, Youngdale Fuels, Donald J. Lange, Community Care, and Kent Contracting.

The winner of the Spot Sam Contest is: Maura Anderson of Haliburton

How can we have jumbo shrimp?

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Grisly find in Venice



Crime Flashback

by Max Haines

The good citizens of Venice were shocked out of their gondolas when, on Dec. 2, 1982, they observed a trunk floating in with the tide. The trunk was lugged to a flight of stairs and pulled out of the water. The curious were rewarded by the sight of sheets of blue plastic, two large dolls and the body of a woman dressed in a baby doll nightgown.

I would like to report that police responded by quickly driving to the scene, but this is Venice. They made it as fast as they could by police launch. Several packages of nails had been placed inside the trunk to weigh it down. They had obviously not been heavy enough.

DEATH BY STRANGULATION

The medical examiner stated that the woman had been strangled. Detectives theorized that the killer was not domiciled in the city. Every citizen of Venice knew that anything thrown in the lagoon would wash in and out with the tide for days. From the condition of the body, it was ascertained that it had been placed in the water on the same day it was recovered from the canal.

The nails were of a common variety sold all over Italy and proved to be untraceable. The two dolls posed a puzzle; never before had anyone heard of packing dolls with a corpse. They were expensive dolls in mint condition. The blue plastic, which had been used to wrap the body, was traced to the small resort town of Vipiteno, located about 200 km north of Venice.

Detectives checked with Vipiteno police to see if any woman matching the description of the body in the trunk had been reported missing.

Sure enough, Emma Giraldo had vanished on Dec. 1. Emma was a 36-year-old waitress, who lived in a room above the Alta Post Tavern, where she was employed.

When she didn't show up for her shift, the tavern owner entered her room, found all her clothing intact and her room undisturbed. Since it wasn't like Emma to miss work, he immediately reported her absence to police.

Fingerprints taken from the corpse matched those of Emma.

A thorough examination of the body revealed that Emma had been strangled with something soft, possibly a towel or scarf. She had been hit over the head and had been unconscious when she was strangled. There were no marks on her fingernails or hands, indicating that she had not had an opportunity to defend herself.

That's where matters stood. Police knew a great deal about Emma, except where she had been killed. Had the murder taken place in Vipiteno or Venice?

Emma's last known movements were traced. She had completed her shift at the tavern at 7 p.m. on Nov. 30 and had not been seen since. Vipiteno is a small town of 5,000 inhabitants, located high in the Alps.

Surely, any unusual activity would have been noticed by someone. Since the town was ill equipped to handle a murder case, Venice detectives were dispatched to the resort area to continue their investigation.

More was learned about the dead woman. Emma was the daughter of a successful businessman. Her parents opposed her choice of a husband, causing a deep rift between her and her parents. Emma's marriage hadn't lasted. Since her marriage break-up six years previously, she had been a hard working conscientious waitress at the Alta Post, where she had been treated like a member of the tavern owner's family.

Emma had loved dolls and had longed to live in Venice. The two dolls found in the trunk were her favorites from a small collection she kept in her room.

She had often expressed her desire to live and die in beautiful Venice.

Emma was so well liked by the tavern owner and the tavern's patrons that they collected the necessary funds to bury her in Venice.

In death, Emma received one of her lifelong wishes.

Venetian police located several witnesses who recalled seeing a man pulling a large wooden cart through the streets. The cart had held a trunk.

LOAD NO EASY TASK

Lugging his load was no easy task, as the streets of Venice are joined by bridges, most of which are reached by flights of stairs.

The man had been conspicuous in his attempts to move the cart up the stairs. Two or three citizens had assisted him and remembered the incident well.

Police figured the murderer may have carted the body out to the last landing in the island, believing that the trunk would be carried out to sea.

Haines cont'd... pg. 45...

Following their hunch, they searched the area around the last landing.

Using grappling hooks, police recovered a roughly-made wooden cart.

The cart didn't reveal any important clues other than to fortify the police theory that the trunk had been carted through the streets of Venice.

The murderer most probably dumped the trunk at the furthest point in the island and did the same thing with the cart. No one would have been the wiser had the trunk sunk.

Emma's former husband, Luciano Muti, was strongly suspected once police found out that he was a part-time pimp with a long criminal record of petty crimes.

He could have struck Emma over the head in her room and strangled her while she was unconscious. If he had waited until the wee hours of the morning, he could have transported the body to Venice in Emma's Renault without being seen.

THEORY WAS FLAWED

The theory was great, except Muti proved without a doubt that he had been elsewhere at the crucial hours when the murder and the disposal of the body had taken place.

Dogged police work uncovered Emma's secret lover - a 45-year-old pizza maker, Roberto Festinese. Roberto confessed as soon as police appeared on the scene.

He proved to be an unhappily married man with two children, who lived in the nearby town of Wiesen.

He had been secretly meeting Emma in her room above the tavern for the past four years.

Roberto claimed that he had joined Emma on the night of her death.

She had been drinking and had uncharacteristically attacked him, scratching at his eyes.

Instinctively, he had picked up a heavy glass ashtray and had thrown it at her.

The ashtray had struck Emma, knocking her unconscious.

Terrified, Roberto had taken a scarf and strangled her.

Knowing of her love of dolls, he had placed two of her favorites in the trunk. Sentimental Roberto decided that Emma's beloved Venice should be her last resting place.

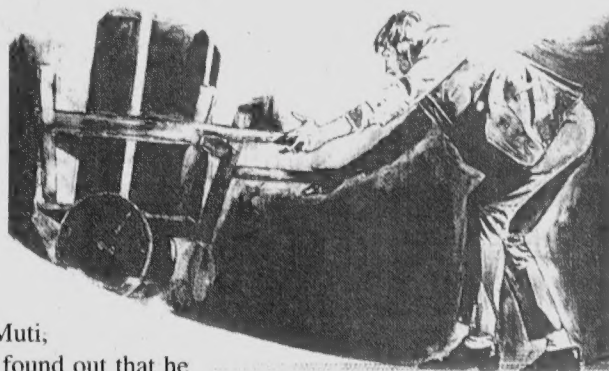
It was a great story. Police even believed the part about the dolls and transportation of the body to Venice.

Roberto couldn't explain the homemade cart, constructed in advance, or the trunk so conveniently available for use at a

moment's notice; nor could he explain why he had purchased sheets of blue plastic two days before the murder.

On May 4, 1984, Roberto Festinese was found guilty of murder and sentenced to 15 years imprisonment.

Photo: The murderer disposed of Emma Giraldo's body by transporting it inside a trunk placed in a roughly-made wooden cart.



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